

ALWAYS IN THE BAND

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Count: 32

Wall: 2

Level: intermediate

Choreographer: Roy Thompson

Music: Always In The Band by Lonestar

COASTER STEP, PIVOT $\frac{1}{4}$ CROSS, SIDE, BACK ROCK RECOVER, $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN, TOGETHER

- 1&2 Step back on right, step left next to right, step forward on right
- 3&4 Step forward on left, pivot $\frac{1}{4}$ turn right, cross left over right
- 5 Step right to right side
- 6&7 Rock left behind right, recover on right, $\frac{1}{4}$ turn right stepping back on left

8& $\frac{1}{2}$ turn right stepping forward on right, step left next to right

SIDE, BACK ROCK RECOVER SIDE, BEHIND SIDE CROSS, SWAY RECOVER BEHIND, 1 $\frac{1}{4}$ TURN

- 1 Step right to right side
- 2&3 Rock left behind right, recover on right, step left to left side
- 4&5 Step right behind left, step left to left side, cross right over left
- 6&7 Rock left to left side, recover on right(&), step left behind right

8&1 $\frac{1}{4}$ turn right stepping forward on right, $\frac{1}{2}$ turn right stepping back on left, $\frac{1}{2}$ turn right stepping forward on right

Alternate:

- 8&1 Make $\frac{1}{4}$ turn right then step lock step

JAZZ BOX $\frac{1}{4}$ TURN, EXTENDED WEAVE, BACK ROCK RECOVER, FULL TURN RIGHT

- 2&3 Cross left over right, step back on right, $\frac{1}{4}$ turn left stepping left to left side
- 4&5 Cross right over left, step left to left side, step right behind left
- &6& Step left to left side, cross right over left, step left to left side
- 7& Rock right behind left, recover on right

8&1 $\frac{1}{4}$ turn right stepping forward on right, $\frac{1}{2}$ turn right stepping back on left, $\frac{1}{4}$ turn right stepping right to right side

Alternate:

8&1 Chasse to the right

CROSS ROCK RECOVER SIDE, CROSS SHUFFLE, ¼ TURN BACK, ¼ STEP LOCK STEP, TOGETHER

2&3 Cross rock left over right, recover on right, step left to left side

4&5 Cross right over left, step left to left side, cross right over left

6¼ turn right stepping back on left

7&8¼ turn right stepping forward on right, lock left behind right, step forward on right

& Step left next to right

REPEAT

TAG

4 counts after wall 3 (facing back wall)

4 SWAYS

1-4 Sway right, left, right, left

RESTART

After the tag, dance the first 8 counts, then restart (facing back wall), (the beat will kick back in)