

# Mamas Broken Heart

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**Count:** 32                      **Wall:** 2                      **Level:** Intermediate

**Choreographer:** Michael Schmidt (2016-03)

**Music:** Mama's Broken Heart - Miranda Lambert [112 bpm] (02:59)

**Info: Start after 16 counts.**

## **[1-8] Step R, Lock L, Shuffle R, Rock L, Recover, Triple 3/4 Turn L**

- 1-2**            Step Right forward - Lock Left behind Right
- 3&4**           Step Right forward - Step Left together - Step Right forward
- 5-6**           Rock Left forward - Recover onto Right \* Tag1
- 7&8**           Triple Turn  $\frac{3}{4}$  left ( Left-Right-Left ) (3:00)

## **[9-16] Cross Rock R, Recover, Chasse Side R, Jazz Box 1/4 Turn L, Step R**

- 1-2**            Cross Rock Right over Left - Recover onto Left
- 3&4**           Step Right to right - Step Left together - Step Right to right
- 5-6**           Cross Left over Right - Step Right back

**7-8 $\frac{1}{4}$  Turn left stepping left forward - Step Right forward (12:00) \*\* Tag2**

## **[17-24] Cross L, Point R, Cross Back R, Point L, Sailor Step, Step R 1/2 Turn L**

- 1-2**            Cross Left across Right - Point Right Toe to right side (lean Body slightly to the left)
- 3-4**            Cross Right behind Left - Point Left Toe to left side (lean Body slightly to the right)
- 5&6**           Cross Left behind Right - Step Right side - Step Left side
- 7-8**           Step Right forward -  $\frac{1}{2}$  Turn left (weight on Left) (6:00)

## **[25-32] Full Turn L, Cross Side Heel, Ball Cross, Side Heel, Together, Stomp Up, Hold**

**1-2 $\frac{1}{2}$  Turn left stepping Right back -  $\frac{1}{2}$  Turn left stepping Left forward \* Finish**

- 3&4**            Cross Right over Left - Step Left to side - Tap right Heel diagonally right forward
- &5**            Step Right beside Left & Cross Left over Right
- &6**            Step Right to side & Tap left Heel diagonally left forward
- &7-8**          Step Left beside Right & Stomp Right beside Left (weight on Left) - Hold

**.... keep smiling & repeat**

**\* Tag1 & Restart: After 6 counts on Wall 4 (6:00) and 8 (12:00), Add the following 6 Counts & Restart**

**Coaster Step, Walk back R L R L**

**7&8** Step Left back - Step Right beside Left - Step Left forward

**9-124** Walks back ( Right - Left - Right - Left )

**\*\* Tag2 & Restart: After 16 counts on Wall 9 (12:00), add the following 7 Counts & Restart with the music**

**Side Rock, Recover, Cross, Back, Side, Stomp Up, Hold**

**1-3** Rock Left side - Recover onto Right - Cross Left across Right

**4-7** Step Right back - Step Left side - Stomp (or Touch) Right beside Left (weight on Left) - Hold

**\* Finish: Just dance up to count 26 & stomp forward (12:00)**

**and of course greet the Band or the DJ tapping the brim of your hat ... have fun**

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