

# BE HAPPY

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**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Justine Shuttleworth

**Music:** Don't Worry Baby by Beach Boys & Lorrie Morgan

- 1 Step a big step to the right
  - 2 Drag left toe towards the right foot
  - & Step left foot next to the right
  - 3&4 Turn  $\frac{1}{4}$  turn right and step forward right, step left next to right, step forward right
  - & Turn  $\frac{1}{2}$  turn right on ball of right foot
  - 5 Step back on left foot
  - 6 Rock back on right foot
  - 7 Step forward on left foot
  - & Turn  $\frac{1}{2}$  turn left
  - 8 Step back on right foot
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- 1 Step back on left on a diagonal left (45 degrees)
  - 2 Cross-step right over left foot
  - & Step back left on a diagonal left (45 degrees)
  - 3 Step back on right on a diagonal right
  - 4 Cross-step left over right foot
  - & Step back on a diagonal right
  - 5 Step left foot to left side
  - 6& Roll hips to the left (start from back left corner)
  - 7 Roll should finish making  $\frac{1}{4}$  turn left (weight on left)
  - &8 Step right foot beside left, step forward on left
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- 1&2 Step forward at 45 degrees right bumping hips forward, bump back, bump forward

- 3&4** Step forward at 45 degrees left bumping hips forward, bump back, bump forward
- 5&6** Step forward at 45 degrees right bumping hips forward, bump back, bump forward
- 7** Cross-rock left behind
- 8&** Turning body to the left diagonal step forward right, step left beside right
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- 1-5** Step forward on right foot (on diagonal), twist on balls of both feet  $\frac{1}{2}$  turn left to face opposite diagonal, twist back  $\frac{1}{2}$  turn right to original position, twist  $\frac{1}{2}$  turn left, step forward right on the diagonal and turn a further 45 degrees left
- &** Spin on ball of right foot  $\frac{1}{2}$  turn left
- 6** Step back on left foot
- &** Spin a further  $\frac{1}{2}$  turn left on ball of left foot
- 7-8** Rock right foot to right swinging hips right, rock left to left
- &** Pivot on ball of left foot  $\frac{1}{2}$  turn left and scoot on left hitching right knee

**REPEAT**