

# One Pound Fish Dance

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**Count:** 32                      **Wall:** 4                      **Level:** Easy Intermediate

**Choreographer:** Robin Fowler (Wales) Jan 2013

**Music:** One Pound Fish by Shahid Nazir. (Radio Mix)

## Intro 32 Beats

### WALK, WALK, KICK BALL CHANGE, PIVOT HALF TWICE

- 1 2            Walk R. walk L  
3&4           Kick R. close R to L, close L to R  
5 6            Step on R, Half turn L  
7 8            Step on R, Half turn L

### WALK, WALK, KICK BALL CHANGE, PIVOT HALF TWICE

- 1 2            Walk R. walk L  
3&4           Kick R. close R to L, close L to R  
5 6            Step on R, Half turn L  
7 8            Step on R, Half turn L

### CHASSE ROCK, CHASSE, ROCK

- 1&2           Chasse R.  
3 4            Back Rock  
5&6           Chasse L.  
7 8            Back Rock

### CHASSE QUARTER, PIVOT HALF, WALK, WALK, TRIPLE

- 1&2           Chasse turn quarter R  
3 4            Step on L, Half turn R  
5 6            Walk L Walk R

### 7&8L Triple forward

Use your hands in 6 pound 5 pound 1 pound fish holding up 6 fingers 5 fingers 1 finger

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