

Long Goodbye

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Daniel Whittaker (UK) March 2017

Music: The Long Goodbye by Ronan Keating (Length of track 4.47)

NOTE: There are NO Tags Or Restarts

START: 32 Count intro (approx 27 seconds)

[1-8] Side L, Rock Recover Side, Behind L, ¼ Turn R, ¼ Turn R, (figure of 8) Behind R, ¼ Turn L, Step R, ½ Turn L, ¼ Turn L, Behind L

- 1** Step L to L side 12:00
- 2&3** Rock back R, recover on L, step R to R side 12:00
- 4&5** Step L behind R, make ¼ turn R stepping forward R, make ¼ turn R stepping L to L side 6:00
- 6&7** Step R behind L, make ¼ turn L stepping forward L, step forward R 3:00
- &8&** Pivot ½ turn L, make ¼ turn L stepping R to R side, step L behind R 6:00

[9-16] Sway R, Sway L, ¼ Turn R, ¼ Turn R and Rock L, Recover, Cross L, Point R, Cross R, Rock L, Recover, Cross L, Side R

- 1,2** Step R to R side swaying hips R, sway hips L 6:00
- 3&4** Make ¼ turn R transferring weight forward on to R, make ¼ turn R rocking L to L side, recover weight on R 12:00
- &5** Cross L over R, point R to R side 12:00
- 6** Cross R over L 12:00
- 7&8&** Rock L to L side, recover weight on R, cross L over R, step R to R side 12:00

[17-25] Diagonal Rock Back, Recover, Side L, Diagonal Rock Back, Recover, Step R, Diagonal Rock Forward, Recover, Step L, 3/8 Turn R, ½ Turn R, ¼ Turn R, Point L

- 1,2** Step/rock L diagonally behind R, recover weight on R 10:00
- &3,4** Step L to L side, rock R diagonally behind L, recover weight to L (still diagonal) 2:00
- &5,6** Step R next to L, rock L diagonally across R, recover weight to R (still diagonal) 2:00
- &7** Step L next to R, make 3/8 turn R stepping forward R (to straighten up to 6 o'clock) 6:00

8&1 Make ½ turn R stepping back L, make ¼ turn R stepping R to R side, point L to L side 3:00

[26-32] ¼ Turn L, ½ Turn L, ½ Turn L, Step R, ¼ Turn R and Rock L, Recover, Cross L, Side R, Behind L, Side R, Rock L, Recover

2&3 Make ¼ turn L transferring weight forward on to L, make ½ turn L stepping back R, make ½ turn L stepping forward L 12:00

4 Step forward R 12:00

5&6 Make ¼ turn R rocking L to L side, recover weight on R, cross L over R 3:00

&7& Step R to R side, step L behind R, step R to R side 3:00

8& Cross rock L over R, recover weight on R 3:00

Start again

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