

# Break Me Down

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**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Pizzaia Mauro (Jan 2015)

**Music:** (No One's Gonna) Break Me Down, by Wynonna Judd

## STOMP RIGHT, KICK, FLICK, ½ TURN LEFT, MODIFIED GRAPEVINE.

- 1-4** Stomp up right next left, kick right diagonal left, flick right diagonal back touch foot with right hand, while turn ½ left in left foot hook right forward and touch it with left hand.
- 5-8** Step right to side, cross left behind, step right to side, hook left back and touch foot with right hand.

## GRAPEVINE LEFT ¼ TURN LEFT, JAZZ BOX.

- 1-4** Step left to side, cross right behind left, turn ¼ left and step left forward, kick right forward.
- 5-8** Cross right over left, step left back, right to side, cross left over right.

## POINT RIGHT, LEFT, HEEL RIGHT, ¼ TURN LEFT STEPS BACK, HEEL, STOMP.

- 1-4** Point right to side, right in place, point left to side, left in place, heel right forward, right in place, stomp left cross over right.
- 5-6** Turn ¼ left, step right and left back.
- &7&8** Step right back, heel forward, left next right and stomp right forward.

## CHASSE' LEFT, SAILOR STEP TURN ¼ RIGHT, STEPS FORWARD, KICK.

- 1&2** Step left to side, right together, step left to side.
- 3&4** Cross right behind left, ¼ turn right and step left side, step forward right.
- 5-8** Steps forward, left, right, left and kick right. ,

## TWICE HOP TURNING LEFT, COASTER STEP, LOCK SHUFFLE, ROCK STEP

- 1-2** Turn ½ left with the hop on the left foot and hitch right forward. Turn ½ left with the hop on right foot and hitch left forward.
- 3&4** Step back left, right beside, left forward.
- 5&6** Step right forward, lock left behind, right forward.
- 7-8** Step left forward, recover to right

## SAILOR STEP ½ TURN, JUMPING ¾ TURN LEFT.

**1-3** Cross left behind right turning  $\frac{1}{2}$  left, step right to side, step left forward.

**4&5&6(turn  $\frac{1}{2}$  to the left by jumping), cross right over left and turn  $\frac{1}{4}$  left, step left to place, turn  $\frac{1}{4}$  left and step right back and kick left, left to place.**

**&7-8** Turn  $\frac{1}{4}$  left and step right back, kick left forward, left beside right .

**Tag, at the end of 2nd - 4th walls**

**SOME KICK AND  $\frac{1}{2}$  TURN LEFT**

**1&2** Kick right forward, right next left and left flick back.

**3&4** Turn  $\frac{1}{4}$  left and kick left forward, left next right and flick right back.

**5&6** Turn  $\frac{1}{4}$  left, step right in place and kick left, stomp left in the place.

**REPEAT WITH SMILE**

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