

MOTHER KNOWS BEST

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Count: 56

Wall: 2

Level: intermediate

Choreographer: Lesley Johnston

Music: Mother Knows Best by Beccy Cole

Just for you mum on your 70th Birthday, with love

OVER IN PLACE, OVER IN PLACE, CROSS $\frac{1}{4}$ TURN, OVER IN PLACE

- 1&2** Moving forward-cross left over right, step right to side, step left in place
- 3&4** Moving forward-cross right over left, step left to side, step right in place
- 5&6** Moving forward-into a $\frac{1}{4}$ turn left, left over right, step right to side, step left in place
- 7&8** Step right over left, step left to side, step right in place

9-16 Repeat above counts 1-8

SYNCOPATED VINE, SWING RIGHT BEHIND LEFT, CROSS SHUFFLE

- &17&18&** Step left over right, right to side, left behind right, right to side, left over right
- 19&20** Step right to side, step left behind right
- 21-23** Swing right around behind left, step left to side, cross right over left
- &24** Step left to side, cross right over left

SIDE ROCK & TOGETHER, SIDE ROCK & TOGETHER, STEP $\frac{1}{4}$, $\frac{1}{4}$, ROCK CROSS

- 25-26&** Step/rock left to side, rock to right side, bring left to meet right
- 27-28** Step/rock right to side, rock to side on left
- &29-30&** Bring right to meet left, step left into a $\frac{1}{4}$ turn left, step right into $\frac{1}{4}$ turn left
- 31-32** Replace weight onto left (rock), cross right over left

33-40 Repeat above counts 25-32

FULL TURN TO RIGHT (EXTENDED HANDS), FULL TURN TO LEFT (HANDS DOWN)

- 41** Commence full turn to right by stepping firstly back onto left

- 42-44** Then onto right-left-right so now facing front and extend both hands as if to catch someone (listen to words in song)
- 45-48** Cross left over right & commence full turn to left stepping right-left-right so you are once again facing front (turn hands to face down)

STEP BACK DRAG, STEP BACK DRAG, HIPS RIGHT-LEFT-RIGHT

- 49-51** Step back on left, drag right heel to meet left, step back on right
- 52** Drag left heel to meet right
- 53-56** Step left to side (hips to left) then hips to right-left-right finishing with weight on right

REPEAT

FINISH

- 1-8** Step right over left, step left to side, drag right to meet left