

COLD SWEAT

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Count: 64 **Wall:** 2 **Level:** —

Choreographer: Annette Latimer & Steve Mason

Music: Cold Sweat by Five

RIGHT FULL TURN, RIGHT CHASSE, SIDE STEPS RIGHT WITH KNEE ROLLS

- 1-2** Right step $\frac{1}{4}$ turn right, on ball of right foot $\frac{1}{2}$ turn over right shoulder stepping left foot back
- 3&4** On ball of left foot $\frac{1}{4}$ turn right stepping right foot to right side, step left foot beside right foot, step right foot to right side
- &5** Step left foot beside right foot, touch right foot slightly to right side with right knee turned inwards
- 6** Roll right knee to right side taking weight onto right foot
- &7** Step left foot beside right foot, touch right toes slightly to right side with knee turned inwards
- 8** Roll right knee to right side taking weight onto right foot

1 $\frac{1}{4}$ TURN LEFT, LEFT SHUFFLE, WALK RIGHT, LEFT, RIGHT KICK BALL TOUCH

- 9-10** Left step $\frac{1}{4}$, on ball of left foot $\frac{1}{2}$ turn stepping right foot back
- 11&12** On ball of right foot $\frac{1}{2}$ turn left stepping left foot forward, step right foot beside left foot, step forward on left foot
- 13-14** Walk forward on right foot, walk forward on left foot
- 15&16** Kick right foot forward, step right foot back, touch left toes forward

HIP & SHOULDER PUSHES, STEP FORWARD RIGHT, LEFT KICK BALL TOUCH, HEEL SWIVELS

- &17** Push shoulders & hips forward as you bend both knees, push hips & shoulders back keeping knees bent (weight remains on right foot)
- &18** Push shoulders & hips forward as you straighten your knees, push hips & shoulders back as you straighten up completely (weight remains on right foot)
- &19&20** Repeat &17&18 (as in Cha-cha Loco)
- &21** Change weight onto left foot, step forward on right foot
- 22&23** Kick left foot forward, step left foot back, step right foot in front of left foot

&24 Swivel heels to right side, bring heels in place

HEEL SWIVELS WITH ¼ TURN LEFT, RIGHT FORWARD ROCK, BACK LOCK STEP LOCK

25&26& Swivel heels to the right, swivel heels to the left, swivel heels right, swivel heels left

27&28& Swivel heels right, swivel heels left, bring heels in place (25-28 complete a ¼ turn left)

29-30 Rock forward onto right foot, rock back onto left foot in place

31&32 Lock right foot in front of left foot, step back on left foot, lock right foot in front of left foot.

LEFT ROCK BACK MAKING ¼ TURN LEFT, LEFT CROSS SHUFFLE, RIGHT SIDE SHUFFLE, RIGHT CROSS OVER LEFT UNWIND ¾ TURN LEFT

33-34 Rock back onto left foot, rock forward onto right foot making ¼ turn left

35&36 Cross left foot over right foot, step right foot to right side, cross left foot over right foot

37-38 Side rock to right side, rock onto left foot in place

39-40 Cross right foot over left foot, unwind ¾ turn over left shoulder, weight ends on right foot

LEFT & RIGHT KICKS WITH STEPS FORWARD & BACK

41-42 Kick left foot forward, click both fingers at same time, step left foot back

43-44 Kick right foot back, click both fingers at same time, step right foot back

45-46 Kick left foot forward, click both fingers at same time, step left foot back

47-48 Kick right foot back, click both fingers at same time, step right toes back

¼ TURN TOUCH, ½ TURN TOUCH, ½ TURN TOUCH, & SIDE TOUCH HOLD

49-50 On ball of left foot ¼ turn left, touch right toes to right side, bump hips to right side, step onto right foot

51-52 On ball of right foot ½ turn over left shoulder, touch left toes to left side, bump hips to left side, step onto left foot

53-54 On ball of left foot ½ turn over right shoulder, touch right toes to right side, bump hips to right side, step onto right foot

&55-56 Step left foot beside right foot, touch right toes to right side, hold for one count

RIGHT RONDE REVERSE SWEEP ¾ TURN, SHOULDER & HIP PUSHES, LEFT KNEE ROLL

57-58 On ball of left foot sweep right foot round behind left foot making ¾ turn over right shoulder (weight ends equal on both feet)

&59&60 Shoulder & hip pushes as in section 3 (as in cha-cha loco)

- 61-62** Touch left toes to left side with knee turned inwards, roll left knee to left side (weight ends on left foot)
- &63-64** Step right foot beside left foot, touch left toes to left side, with knee turned inwards, roll left knee to left side (weight ends on left foot)

REPEAT