

# FLIP FLOP DANCE

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**Count:** 64

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Cathy Montgomery

**Music:** Evangeline by Chad Brock

**At the end of the first rotation, before beginning the second, hold for 4 beats. Do this only once during the dance.**

## ROCK, RECOVER, CROSS HOLD, ROCK, RECOVER, CROSS HOLD

**1-4** Rock right foot to right side, recover onto left, step right foot across left and hold

**5-8** Rock left foot to left side, recover onto right, step left foot across right and hold.

## RIGHT SIDEWINDER VINE

**9-12** Step right foot to right side, step left foot behind right, step right foot to right side, step left foot in front of right

**13-16** Step right foot to right side, step left foot behind right, step right foot to right side, touch left foot beside right.

## LEFT SIDEWINDER VINE

**17-20** Step left foot to left side, step right foot behind left, step left foot to left side, step right foot in front of left

**21-24** Step left foot to left side, step right foot behind left, step left foot to left side, touch right foot beside left

## STEP LOCK, STEP ½ TURN HITCH, WALK, WALK, WALK HITCH

**25-28** Step right foot forward, step left foot behind right, step forward on right foot, ½ turn pivot on right foot to right shoulder while hitching left foot.

**29-32** Walk back left, right, left, and hitch right foot.

**33-40** Repeat 25-32

## STEP, TOGETHER, STEP TOGETHER STEP

**41-42** Step right foot forward, on a bit of an angle and hold

**43-44** Step left foot beside right and hold

**45-48** Step right foot forward, step left beside right, step right foot forward, and hold

## **STEP, TOGETHER, STEP TOGETHER STEP**

**49-50** Step left foot forward, on a bit of an angle and hold

**51-52** Step right foot beside left, and hold

**53-56** Step left foot forward, step right beside left, step left foot forward and hold

## **JAZZ BOX $\frac{1}{4}$ TURN, JAZZ BOX**

**57-60** Step right foot over left, step back onto left foot,  $\frac{1}{4}$  turn to right stepping onto right foot, step left foot beside right

**61-64** Step right foot over left, step back onto left foot, step right foot beside left, step onto left.

## **REPEAT**