

# KICK N ROCK

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Pedro Machado

**Music:** Mama Don't Get Dressed Up For Nothing by Brooks & Dunn

## KICK AND ROCKS

- 1&** Kick right foot out at 45 degree angle to left side. Replace right foot
- 2&** Kick left foot out at 45 degree angle to right side. Replace left foot
- 3-4** Step right foot across and in front of left foot at 45 degree angle, hold( rock step). Shift weight back to left foot, replace right foot
- 5&** Kick left foot out at 45 degree angle to right side. Replace left foot
- 6&** Kick right foot out at 45 degree angle to left side. Replace right foot
- 7&8&** Step left foot across and in front of right foot at 45 degree angle, hold(rock step). Shift weight back to right foot, replace left foot

## PIVOTS AND KICKS

- 1-4** Step right foot across in front of left foot. Pivot  $\frac{1}{2}$  turn to the left. Step left foot across in front of right foot. Pivot  $\frac{1}{2}$  turn to the right
- 5&6** Kick right foot forward. Step back on right foot. Touch left foot back
- 7&8** Kick left foot forward. Step back on left foot. Touch right foot back

## KICK, TOUCH AND PIVOT

- 1&** Kick right foot forward, replace right next to left.
- 2&** Touch left foot to left side, replace left foot next to right
- 3&** Touch right foot to right side, replace right foot next to left
- 4&** Kick left foot forward, step left next to right.
- 5-8** Step right foot forward, pivot  $\frac{1}{2}$  turn to left. Step right foot forward, pivot  $\frac{1}{2}$  turn to left.

## SHUFFLE AND ROCK

- 1&2** Step right with right foot, step left beside right, step right with right foot
- 3-4** Step left foot across, in back of right. Shift weight back to right foot (rock step)
- 5&6** Step left with left foot, step right beside left, step left with left foot.

7 Touch right toe across and in back of left foot

8 Pivot  $\frac{3}{4}$  turn to the right on toe on right foot and heel of left foot.

**REPEAT**

**For faster songs, replace the 2 rock steps in the first 8 counts with kicks.**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=26774](https://www.linedance.com/index.php?f=dance_view&id=26774)