

# Hold Your Breath

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**Count:** 48

**Wall:** 4

**Level:** Intermediate

**Choreographer:** James Hendry (UK) March 2011

**Music:** Nicole Scherzinger - Don't Hold Your Breath

## [1-8] Stomp, ¼ Kick, Coaster Cross, Weave, Point

- 1-2 Stomp right, ¼ turn over left shoulder kicking left foot.
- 3&4 Step left back, Step right next to left, Cross left over right.
- 5-6& Step right to right side, Cross left behind right, Step right to right side.
- 7-8 Cross left over right, Point right toe to right side.

## [9-16] Step, Point, Sailor 1/4 Turn, Skate, Skate, Forward Shuffle

- 1-2 Step right back, Point left toe to left side.
- 3&4 ¼ turn, Step left behind right, Step right to right side, Step left next to right.**
- 5-6 Skate right, Skate left.
- 7&8 Step right forward, Step left next to right, Step right forward.

## [17-24] ¼ Turn, Step, Touch Cross, Hold, Cross, Weave

- 1-2 ¼ turn, Step left to left side, Touch right toe to left instep.**
- 3&4 Step right next to left, Cross left over right, Hold Count 4
- &5-6 Step right next to left, Cross left over right, Step right to right side.
- 7&8 Cross left behind right, Step right to right side, Cross left over right.

## [25-32] Rock Recover, Sailor ½ Turn, Walk, Walk, Forward Shuffle

- 1-2 Rock right to the right side, Recover back on to left.
- 3&4 1/2turn, Step right behind left, Step right next to left, Step left next to right.**
- 5-6 Walk left, Walk right.
- 7&8 Step left forward, Step right next to left, Step left forward.

## [Tag Wall 1 End of Section 4]: 1-4 2x Step Left Forward ½ Pivot

## [Restart The Dance After The End Of Section 4 Wall 4]

### **[33-40] Step, ½ Turn, Forward Shuffle, ¾ Turn Shuffle**

- 1-2** Step right forward, ½ turn over left shoulder.
- 3&4** Step right forward, Step left next to right, Step right forward.
- 5-6** Step left forward, ¾ turn over right shoulder.
- 7-8** Step left forward, step right next to left, Step left forward.

### **[41-48] Step, ¼ Weave, Side Rock, Step**

- 1-2** Step right forward, ¼ turn over left shoulder.
- 3-4** Cross right over left, Step left to left side.
- 5&6** Cross right behind left, Step right to right side, Cross left over right.
- 7&8** Rock left to left side, recover weight back onto left, Step left In

### **[Tag Wall 7 End Of Section 6]: 1-4 2x Step Left Forward ½ Pivot**

**End Of Dance!!**