

# How I Feel

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**Count:** 32                      **Wall:** 2                      **Level:** Improver

**Choreographer:** Taren Gaia – South Africa (June 2014)

**Music:** How I Feel – Flo Rida

## **Intro: 32 counts**

### **[1-8] Walk, Walk, Out, Out, Ball Cross, Side Rock, Behind Side Cross**

**1-2step RF fwd, step LF fwd**

**&3step RF to R side, step LF to L side**

**&4step RF back to center, step LF over RF**

**5-6step RF to R side, recover weight onto LF**

**7&8step RF behind LF, step LF to L side, step RF over LF**

### **[1-8] Side Rock Recover, 1/4 Sailor Step, 4 X Walks Forward**

**1-2step LF to L side, recover weight onto RF**

**3&4step LF behind RF, making 1/4 turn L step RF to R side, step LF fwd (9:00)**

**5-6step RF fwd, step LF fwd**

**7-8step RF fwd, step LF fwd**

### **[1-8] Syncopated Jazz Box, Step Tap, 1/4 Turn Step Tap, Hip Bump**

**1-2step RF over LF, step LF back**

**&3-4step RF to R side, step LF over RF, step RF to R side**

**5-6tap LF to RF, making 1/4 turn L step LF fwd (6:00)**

**7&8tap RF to LF, lift R hip, recover to neutral**

### **[1-8] Shuffle Fwd, Rock Recover, 2 X Walks Back, Coaster Step**

**1&2**            Step RF fwd, step LF to RF, step RF fwd

**3-4**            Step LF fwd, recover weight onto RF

**5-6step LF back, step RF back**

**7&8step LF back, step RF to LF, step LF fwd**

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