

# HANDS UP

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Sandy Russell

**Music:** Hands Up (Give Me Your Heart) by Ottawan

## **FORWARD ROCK, SHUFFLE BACK, BACK ROCK, SHUFFLE ½ TURN**

- 1-2** Step forward on right, rock weight back onto left
- 3&4** Step back on right, step left next to right, step back on right
- 5-6** Step back on left, rock weight forward onto right
- 7-8** Shuffle ½ turn right, left, right, left

## **¼ TURN-TOUCH, SIDE TOUCH, & CROSS-SIDE, COASTER STEP**

- 1-2¼** turn right stepping right to right side, step left next to right
- 3-4** Step right to right side, touch left next to right
- &5-6** Step left next to right, cross right over left, step left to left side
- 7&8** Step back on right, step left next to right, step forward on right

## **STEP-½ TURN, TRIPLE ½ TURN, BACK ROCK, KICK BALL-CHANGE**

- 1-2** Step forward on left, pivot ½ turn right
- 3&4** Triple ½ turn right, stepping on left, right, left
- 5-6** Step back on right, rock weight forward onto left
- 7&8** Kick right forward, step in place on right, step left next to right

## **SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE**

- 1-2** Step right to right side, rock weight onto left
- 3&4** Cross shuffle right over left
- 5-6** Step left to left side, rock weight onto right
- 7&8** Cross shuffle left over right

## **¼ TURN LEFT, ½ TURN LEFT, STEP FORWARD ON RIGHT, ¼ TURN LEFT**

- 1-4** Turn ¼ turn left, turn ½ turn left, step forward on right, turn ¼ turn left
- 5-6** Cross shuffle right over left

**7-12** Repeat above 1-6 to left side

**SIDE TOUCH, SIDE TOUCH**

**1-4** Step right to right side, touch left beside right, step left to left side, touch right beside left

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=53199](https://www.linedance.com/index.php?f=dance_view&id=53199)