

Cha Cha Lambada

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Count: 56 **Wall:** 4 **Level:** Intermediate

Choreographer: Danz@Sundown, Singapore (March 2015)

Music: Lambada (Llorando Se Fue "In Tears She Left") by Wilkins

(NB: Start dance after 8 counts)

Sequence: A A A, B, A (dance up to Restart), A, B, A (dance upto Restart), B (till end or stop after dancing 4 Bs)

Section A

A1: RF Shuffle Forward, LF Rock Forward, LF Shuffle Back, RF Rock Back

- 1&2 Step RF forward, Step LF next to RF, Step RF forward
- 3,4 Rock LF forward, Recover weight on RF
- 5&6 Step LF back, Step RF next to LF, Step LF back
- 7,8 Rock RF back, Recover weight on LF

A2: Shuffle R, L Cross Rock, Shuffle L, R Cross Rock

- 1&2 Step RF right, Step LF next to RF, Step RF right
- 3,4 Cross Rock LF over RF, Recover weight on RF
- 5&6 Step LF left, Step RF next to LF, Step LF left
- 7,8 Cross Rock RF over LF, Recover weight on LF

A3: RF Shuffle $\frac{1}{4}$ R, Pivot $\frac{1}{2}$ R, LF Shuffle Forward, RF Forward Full-turn L

- 1&2 Step RF right, Step LF next to RF, Step RF right turning $\frac{1}{4}$ right (3)
- 3,4 Step LF forward, Pivot $\frac{1}{2}$ turn R stepping RF forward (9)
- 5&6 Step LF forward, Step RF next to LF, Step LF forward
- 7,8 Step RF forward, Full-turn L stepping LF forward (9)

A4: (2) Forward Rock, Coaster Steps

- 1,2 Rock RF forward, Recover weight on LF
- 3&4 Step RF back, Step LF beside RF, Step RF forward
- 5,6 Rock LF forward, Recover weight on RF

3&4 Step LF back, Step RF beside LF, Step LF forward

A5: (4) ¼ Left Pivots

1-4 Step RF forward, Pivot ¼ turn on LF, Step RF forward, Pivot ¼ turn on LF

5-8 Repeat 1-4

A6: (2) Forward Rock, Coaster Steps

1,2RF rock forward, recover weight on LF

3&4 Step RF back, Step LF beside RF, Step RF forward

5,6LF rock forward, recover weight on RF

3&4 Step LF back, Step RF beside LF, Step LF forward

(Restart point)

A7: (2) Cross Points, R Jazz Box

1-4 Cross Step RF over LF, Point LF left, Cross Step LF over RF, Point RF right

5-8 Cross Step RF over LF, Replace weight on LF, Step RF to right, Close LF slightly next to RF

ENJOY

Section B

TAG (twice at 9:00, once at 6:00)

R Cross Shuffle, L Side Rock, L Sailor Cross, R Side Rock

1&2 Cross Step RF over LF, Step LF left, Cross Step RF over LF

3,4 Step LF left rocking left, Rock RF right

5&6 Step LF behind RF, Step RF beside LF, Cross Step LF over RF

7,8 Step RF right step right, LF turn ¼ L

1-8 Repeat Tag

After last Tag at 6:00, just dance Tag till facing front wall

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