

# Hard Livin'

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**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Hiroko Carlsson (Grafton, Australia) December 2017

**Music:** Hard Livin'- Chris Stapleton - iTunes

## (16 count intro / Start on vocals)

**[S1] Heel, Flick (behind), Heel, Flick (side), Heel, Hook, Heel, 1/4L Flick (side), Side Rock, R Heel Grind, Coaster Step, Scuff**

**1&R heel diagonally forward, Raise right foot behind left leg**

**2&R heel diagonally forward, Flick right foot to right side**

**3&R heel diagonally forward, Raise right foot in front of left leg**

**4&R heel diagonally forward, On ball of L make a 1/4 turn left and flick right foot to right side**

**5&** Rock/step R to right side, Recover weight on L

**6&** Grind R heel over left, Step L to left side

**7&8&** Step R back, Step L next to R, Step R forward, Scuff L forward (9:00)

## **[S2] 2x Step-Lock-Step-Scuff, Rock Fwd, 1/2L Fwd, 1/2L Back, 3x 1/4L Ball Step**

**1&2&** Step L forward, Lock/step R behind L, Step L forward, Scuff R forward

**3&4&** Step R forward, Lock/step L behind R, Step R forward, Scuff L forward

**5&6** Rock/step L forward, Recover weight on R, Make a 1/2 turn left stepping forward on L

**7&** Make a 1/2 turn left stepping back on R, On ball of R make a 1/4 turn left

**8&** On ball of R make a 1/4 turn left, On ball of R make a 1/4 turn left (12:00)

## **[S3] Rock Fwd, 3x Back w/ Hitch, Back-Cross Touch, 1/2R Back-Cross Touch, Fwd-Touch Behind, Back w/ Hook**

**1&** Rock/step L forward, Recover weight on R

**2&** Stepping back on L, Hitch R

**3&** Stepping back on R, Hitch L

**4&** Stepping back on L, Hitch R

- 5& Step R back, Cross touch L over R
- 6& Make a 1/2 turn right stepping back on L, Cross touch R over L
- 7& Step R forward, Tap L behind R
- 8& Step L back, Cross touch R toe over L (6:00)

**[S4] Heel Switch, Apple Jack, Heel Switch, Scuff (side)-Hop, Side, Together**

**1&2&R heel forward, Step R together, L heel forward, Step L together**

- 3& Take weight onto R heel and swivel L foot to the right side, Return your feet to centre
- 4& Take weight onto L heel and swivel R foot to the left side, Return your feet to centre with weight ending on L

**5&6&R heel forward, Step R together, L heel forward, Step L together**

- 7& Scuff/scoop R to right side, Small hop on L
- 8& Step R to right side, Step L next to R (6:00)

**No Tag No Restart**

**(updated: 11/Dec/17)**

**Please feel free to contact me if you need any further information.  
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