

LOAD ME UP

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate two step

Choreographer: Sandi Leroux

Music: Load Me Up by The Cruzeros

TRIPLE TURN FORWARD FULL TURN RIGHT

- 1&2** Step right forward, step left beside right, step right forward
- 3&4** Pivot ½ turn right stepping left foot back, step right beside left, step left back
- 5&6** Pivot ½ turn right stepping right foot forward, step left beside right, step right forward
- 7-8** Step left forward, touch right beside left

CHASSE RIGHT, ¼ TURN RIGHT, PIVOT ½ TURN RIGHT

- 1&2** Step right to right, step left to right, step right to right
- &3&4** Step left to right, step right to right, step left to right, step right ¼ turn right
- 5-6** Step forward left pivot ½ turn right, step forward right
- 7-8** Rock forward left, recover right

BACK CROSS, TRIPLE ½ TURN RIGHT, FORWARD TRIPLE LEFT, STEP RIGHT, STEP LEFT

- 1&2** Step back left, step right across front of left, step back left
- 3&4** Step right 1/8 turn right, step left 1/8 turn beside right, step right 1/8 turn right
- 5&6** Step left forward, step right beside left, step left forward
- 7-8** Step right forward, step left beside right

HEEL LIFTS, BACK RIGHT/LEFT, DWIGHTS, SLIDE/STEP

- 1&2&** Touch right heel front, lift right heel across left shin, touch right heel front, lift right heel to right side (flick)
- 3-4** Step back right, step back left
- 5&6&** Right toe to right side, right heel to right side, right toe to right side, place weight on right
- 7-8** Slide left to right, step down on left

REPEAT