

# Heartbeat

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**Count:** 32      **Wall:** 4      **Level:** Low Intermediate

**Choreographer:** Chip Hubbard – Aug 2015

**Music:** Heartbeat by Becca Shea [Available on Amazon]

## Start dancing on lyrics

### STEP LOCK, STEP LOCK STEP, ROCK RECOVER, SHUFFLE BACK

- 1-2      Step right forward, lock left behind
- 3&4      Locking chasse forward, right-left-right
- 5-6      Rock left forward, recover to right
- 7&8      Chasse back, left-right-left

### SHUFFLE ½ TURN, KICK BALL STEP BACK (TWICE), STEP LEFT, TOUCH RIGHT

- 1&2      Chasse back right-left-right turning ½ right
- 3&4      Kick left forward, step left together, step right back
- 5&6      Kick left forward, step left together, step right back
- 7-8      Step left forward, touch right toe behind left heel

### JAZZBOX TURNING RIGHT, CROSS POINT, CROSS POINT

- 1-2      Cross right over left, step left back
- 3-4      Turn ¼ right and step right side, step left together
- 5-6      Cross right over left, point left toe to left side
- 7-8      Cross left over right, point right toe to right side

### RIGHT SAILOR TURNING ½, SIDE ROCK STEP, BEHIND SIDE CROSS, SIDE ROCK STEP

- 1&2      Sweep right from side to back and cross right behind, turn ½ right and step left side, step right
- 3-4      Rock out left, recover right
- 5&6      Step left behind right, step out right, cross left over right
- 7-8      Rock out right, recover left

## REPEAT

**(On last drumbeat of the song, step ¼ turn left ending on left foot and facing the 12:00 wall)**

**Contact: [chiphubbard@gmail.com](mailto:chiphubbard@gmail.com)**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=106227](https://www.linedance.com/index.php?f=dance_view&id=106227)