

# Dynabeat

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**Count:** 32                      **Wall:** 4                      **Level:** High Beginner

**Choreographer:** Roy Verdonk (NL), Magali Guillot (FR) September 2017

**Music:** Dynabeat - Jain

**Intro : 16 counts when beat kicks in (appr. 18 seconds)**

**S1: Toe Heel Strut, Step 1/2 Turn R, Toe Heel Strut, Step 1/2 Turn L**

- 1-2            Rf touch toes forward, Rf drop heel down (taking weight on it)
- 3-4            Lf step forward, make 1/2 turn right stepping onto Rf (6.00)
- 5-6            Lf touch toes forward, Lf drop heel down (taking weight on it)
- 7-8            Rf step forward, make 1/2 turn left stepping onto Lf (12.00)

**(\*in walls 3 and 6 do your 4 count Tag here and Restart the dance)**

**S2: Side, Behind, 1/4 Turn R, Shuffle Forward R, Rocking Chair**

- 1-2            Rf step right, Lf cross behind Rf
- 3&4 make 1/4 turn right stepping Rf forward(3.00), Lf step together(&), Rf step forward**
- 5-6            Lf rock forward, recover onto Rf
- 7-8            Lf rock back, recover onto Rf

**S3: Step, 1/2 Turn R, Shuffle Forward L, Point Cross (2x)**

- 1-2            Lf step forward, make 1/2 turn right stepping forward on Rf (9.00)
- 3&4            Lf step forward, Rf step together (&), Lf step forward
- 5-6            Rf point toes right, Rf cross in front of Lf
- 7-8            Lf point toes left, Lf cross in front of Rf

**S4: 1/4 Turn L, Back, Side, Cross Shuffle R, Rock L/Recover , Sailor Step With 1/4 Turn L**

- 1-2 make 1/4 turn left stepping Rf back (6.00), Lf step left**
- 3&4            Rf cross in front of Lf, Lf step left(&), Rf criss in front of Lf
- 5-6            Lf rock left, recover onto Rf
- 7&8            Lf cross behind Rf, make 1/4 turn left stepping Rf right(&) , Lf step forward (3.00)

**Tags : 4 count Tag in walls 3 and 6, after 8 counts (6.00 o'clock and 12.00 o'clock), then Restart dance**

**1-2-3-4** Rf step right swaying hips right, sway hips left, sway hips right, sway hips left (taking weight on Lf)

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=120392](https://www.linedance.com/index.php?f=dance_view&id=120392)