

# Light And Shadow

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**Count:** 64

**Wall:** 2

**Level:** Beginner Intermediate

**Choreographer:** (Peter) Paekun Kim

**Music:** After School - Lights & Shadows OST Part.1 01 (Have You Forgotten).

**Special thanks to Ms. Margaret Lee .**

**Start after 32 counts.**

**Part 1=Vine Step R, Vine Step L.**

**1-4** Step R to Right Side, L behind R, R to Right Side, L Touch R.(Heart Arms overhead)

**5-8** Reverse steps of (1-4)

**Part 2=Sway R twice Forward R, Sway L Back Twice, Sway R, Sway Left X2 Ending Left Foot To Touch R. Side Foot.**

**1-4** Step Forward R Sway (R.L.)Twice, Sway (L.R.) Twice

**5-8** Sway Forward R Sway Backward L, Repeat Ending Left foot to touch R.

**Part 3=Reverse Part 1-8**

**Part 4=Reverse Part 2-8**

**Part 5=. Bachata Pattern**

**1-4** Walk forward R, L, R, Kick L forward

**5-6** Walk back (L, R)

**7&8** Coaster Step in place (L,R,L)

**Part 6= Repeat Part 5(5-8).**

**Part 7=Sway to R&L Stepping R to Diagonal 45 Degrees 4 times to face 6 O'clock**

**Part 8-8=Monterey Turn R, Left Mambo Step, Touch L Foot to R. Monterey Turn L, R Mambo Step, Touch R Foot to L**

**Tag (After 16 Counts Ending Left Foot Together R. Foot at 4th. Wall, Start the Tag "Tush Push"48 Counts)**

**RIGHT HEEL TAPS**

**1-4** Touch right heel forward, touch right together, touch right heel forward, touch right heel forward & Step right together

### **LEFT HEEL TAPS**

**5-8** Touch left heel forward, touch left together, touch left heel forward, touch left heel forward & Step left together

### **RIGHT, LEFT, RIGHT HEEL TAPS AND CLAP**

**9&** Touch right heel forward, step right together

**10&** Touch left heel forward, step left together

**11-12** Touch right heel forward, clap

### **BUMP HIPS RIGHT TWICE, BUMP HIPS LEFT TWICE, BUMP HIPS RIGHT AND LEFT TWICE**

**13-14** Rock right in place and bump hips right, bump hips right

**15-16** Recover to left and bump hips left, bump hips left

**17-20** Bump hips right, bump hips left, bump hips right, bump hips left (weight to left)

### **RIGHT FORWARD CHA-CHA, LEFT BACKWARD CHA-CHA**

**21&22** Step right forward, step left together, step right forward

**23-24** Rock left forward, recover to right

**25&26** Step left back, step right together, step left back

**27-28** Rock right back, recover to left

### **RIGHT FORWARD CHA-CHA AND ½ TURN RIGHT, LEFT FORWARD CHA-CHA AND ½ TURN LEFT**

**29&30** Step right forward, step left together, step right forward

**31-32** Step left forward, turn ½ right (weight to right)

**33&34** Step left forward, step right together, step left forward

**35-36** Step right forward, turn ½ left (weight to left)

### **RIGHT FORWARD, ¼ TURN LEFT, STOMP, AND CLAP.**

**37-38** Step right forward, turn ¼ left (weight to left)

**39-40** Stomp right together, clap

**[41-48] SIDE ROCK CROSS (X2), 1/4 TURN Left, ½ Turn Left, Triple Step FORWARD R,L,R & Hitch R.**

**41&42** Side Rock R to R, Replace to L, Cross R over L

**43&44** Side Rock L to L, Replace to R, Cross L over R

**45-46** Making 1/4 turn to Left step back on R, Pivot ½ turn L step forward on L

**47&48&** Triple Step forward R,L,R,Hitch R.( or Easy 2 Steps Forward R,L.)

**Have Fun.....**

**Any inquiries should be forwarded through the Email bellow;**

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**Thank you,**