

Lay Low

LINEDANCE.COM

Count: 32

Wall: 4

Level: Beginner / Intermediate - smooth: WCS

Choreographer: Alexandra Hungerbühler (Sept 2014)

Music: "Lay Low" by Josh Turner (iTunes)

[1-8] Walk, Walk, Step Lock Step, Rock Recover, ¼ turn left, left Chassé

1-2RF step forward, LF step forward

3 & 4RF step forward, LF step behind RF, RF step forward

5,6LF step forward, recover to RF

7 & 8¼ turn left, LF step to left, RF step beside LF, LF step to left (9:00)

[9-16] Cross, Side, Sailor Step, Cross, Point, Behind, ¼ turn left, step Fwrd.

1-2RF in front of LF, LF step to left

3 & 4RF step behind LF, LF step beside RF, RF step to right

5-6LF cross over RF, RF touch to right side

7 & 8RF step behind LF, ¼ turn left, LF step forward, RF step forward (6:00)

[17-24] Rock Recover, Shuffle back, ½ turn right back, ½ Turn back right, ¼ turn right, right Chassé

1,2LF step forward, recover to RF

3 & 4LF step back, step right beside left, step left back

5,6½ turn right (12:00), RF step forward, ½ turn right (6:00), LF step back

7 & 8¼ turn right, RF step to right, LF step beside RF, RF step to side (9:00)

[25-32] Cross Rock, Recover, Chassé with ¼ Turn left, Pivot ½ turn left, Pivot ¼ turn left

1-2LF cross over RF, recover weight onto RF

3 & 4LF Step to left, RF step beside LF, ¼ turn left, LF step forward (6:00)

5,6RF Step forward, ½ turn left (12:00)

7-8RF step forward, ¼ turn left (9:00)

Start again ...

Restart: In the 4th wall (Start: 3 clock / Face: 9 clock) dance the first 16 counts. After the 16 counts must be a '&' to danced, then you are on the left and can start the dance from the beginning:

& Ball

& Zoom set LF to RF

Tag: In the 9th wall (Departure: 9 clock / Face: 3 clock) following addition dance:

[1-4] Rock Recover, Coaster Step

1,2LF Step forward, recover to RF

3 & 4LF Step back, RF step together, LF step forward

Enjoy and don `t forget to Smile!

Contact: btcc-linedancers@bluewin.ch