

# IF YOU'RE NOT

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Rhian Watkins

**Music:** (If You're Not In It For Love) I'm Outta Here by Shania Twain

## RIGHT AND LEFT KICKBALL TOUCH WITH TOUCHES LEFT AND RIGHT

- 1&2** Kick right foot forward, step in place with right foot, touch left foot next to right
- 3-4** Touch left foot out to left side, touch left next to right foot
- 5&6** Kick left foot forward, step in place with left foot, touch right foot next to left
- 7-8** Touch right foot out to right side, touch right next to left foot

## KICKS AND STEPS FORWARD

- 1-2** Touch right foot to right side, kick right forward
- 3-4** Touch right to right side, step forward on right
- 5-6** Touch left to left side, kick left in front of right
- 7-8** Touch left to left side, step forward on left

## ROCK FORWARD AND BACK SHUFFLE, ROCK BACK AND SHUFFLE FORWARD

- 1-2** Rock forward on right, step back on left
- 3&4** Right shuffle back right, left, right
- 5-6** Rock back on left, step forward on right
- 7&8** Left shuffle forward on left, right, left

## ROCK FORWARD AND CROSS SHUFFLE

- 1-2** Rock forward on right, rock back onto left making  $\frac{1}{4}$  turn left
- 3&4** Left crossing shuffle, cross right over left, bring left next to right, step right to left side
- 5-6** Rock to left on left foot, rock back onto right
- 7&8** Right crossing shuffle, cross left over right, bring right next to left, step left to right side

## ROCK TOGETHER CROSSES

- 1&2** Rock to right on right foot, step left next to right, cross right over left
- 3&4** Rock to left on left foot, step right next to left, cross left over right

## **SIDE ROCKS AND MODIFIED SAILOR STEP**

- 1-2**      Rock to right on right foot, rock back onto left
- 3&4**      Step right behind left, step left to left side, step right across left
- 5-6**      Rock to left side on left foot, rock back onto right
- 7&8**      Step left behind right, step right to right side, step left across right

## **ROCKS FORWARD AND BACK**

- 1-2**      Rock forward onto right, rock back onto left
- 3-4**      Rock back onto right, rock forward onto left

## **REPEAT**