

HOLD MY (LEFT) HAND

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Count: 32

Wall: 2

Level: beginner west coast swing

Choreographer: Ingemar Kardeskog

Music: Fly With Me (Lena's Song) by Leyla Yilbar-Norgren

Start dance on vocal Fly AWAY (on the word Away) 72 counts from beginning. You will be dancing 2 walls off beat.

WALK, WALK, ROCK & CROSS, WALK, WALK, ROCK & CROSS

- 1-2 Walk left, walk right
- 3&4 Rock left to left side & recover to right, cross left over right
- 5-6 Walk right, walk left
- 7&8 Rock right to right side & recover to left, cross right over left

BACK, BACK, COASTER STEP, STEP ¼ TURN LEFT, BEHIND, SIDE, TOUCH

- 1-2 Step left back, step right back
- 3&4 Step left back & close right beside left, step left forward
- 5-6 Step right forward, turn ¼ left stepping down onto left
- 7&8 Step right behind left & step left to left side, touch right beside left

CHASSE RIGHT, ROCK, RECOVER CHASSE LEFT, ROCK, RECOVER

- 1&2 Step right to right side & close left beside right, step right to right side
- 3-4 Rock left across right, recover to right
- 5&6 Step left to left side & close right beside left, step left to left side
- 7-8 Rock right across left, recover to left

ROCK, ¼ TURN LEFT, ROCK & CROSS, ROCK & CROSS, COASTER STEP

- 1-2 Rock right to right side, turn ¼ left stepping left down in place
- 3&4 Rock right to right side & recover to left, cross right over left
- 5&6 Rock left to left side & recover to right, cross left over right
- 7&8 Step right back & close left beside right, step right forward

REPEAT

This dance is a sister dance to "Hold My (Right) Hand" and is intended to be used as floor split with the harder 64-counts "Hold My (Right) Hand."

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=51841