

HEAT OF THE MOMENT

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Paulette Hylands

Music: My Heart Is Lost To You by Brooks & Dunn

HIP BUMPS, STEP FORWARD WITH SHIMMY AND CLAP

- 1&2 Right hip bump & right hip bump
- 3&4 Left hip bump & left hip bump
- 5-6 Right forward, shimmy shoulders
- 7-8 Shimmy shoulders, clap

HIP BUMPS, STEP FORWARD WITH SHIMMY AND CLAP

- 1&2 Left hip bump & left hip bump
- 3&4 Right hip bump & right hip bump
- 5-6 Left forward, shimmy shoulders
- 7-8 Shimmy shoulders, clap

CROSS, ¼ TURN LEFT, CROSS, GRAPEVINE WITH ¼ TURN, RIGHT SHUFFLE

- 1-2 Cross right over left, step ¼ left on left foot
- 3-4 Cross right over left, step left to left side
- 5-6 Step right behind left, step left foot ¼ left
- 7&8 Step right forward, bring left beside right, step left forward

HALF PIVOT RIGHT, LEFT LOCK STEP, STEP, SCUFF, ¼ TURN LEFT

- 1-2 Step forward on left, ½ pivot to right
- 3-4 Step forward on left, bring right behind left
- 5-6 Step forward on left, scuff right forward
- 7-8 Step down on right, ¼ turn left

REPEAT