

# Changes

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**Count:** 32      **Wall:** 4      **Level:** Easy Beginner

**Choreographer:** Rene and Reg Mileham (UK) Dec 2013

**Music:** I'm Gonna Change Everything - Al Grant - The Essential Jim Reeves Cd

**Start intro count after the word "YEAH" - 16 count intro - 118 bpm**

## **Section 1: Kickball change x 2. Rocking chair**

- 1 & 2**      Kick Right foot forward. Step Right beside Left. Step Left beside Right
- 3 & 4**      Kick Right foot forward. Step Right beside Left. Step Left beside Right
- 5 - 6**      Rock Right forward. Recover onto Left.
- 7 - 8**      Rock Right back. Recover onto Left.

## **Section 2: Sway. Hold. Back rock. Recover. Repeat to Left**

- 1 - 2**      Sway Right out to side, turning to left diagonal.. Hold
- 3 - 4**      Cross Left behind Right. Recover onto Right
- 5 - 6**      Sway Left out to side, turning to right diagonal . Hold
- 7 - 8**      Cross Right behind Left. Recover onto Left

## **Section 3: Side. Close. Heel strut forward. Side. Close. Toe strut back.**

- 1 - 2**      Step Right to side. Close Left beside Right
- 3 - 4**      Right heel strut forward. Drop toe
- 5 - 6**      Step Left to side. Close Right beside Left
- 7 - 8**      Left toe strut back, Drop heel

## **Section 4: Sailor Step. Sailor ¼ turn. Sway. Sway. Sway. Sway.**

- 1 & 2**      Cross Right behind Left. Step Left to side. Step Right beside Left
- 3 & 4**      Cross Left behind Right, turning ¼ left. Step Right to right side. Step Left to place. 9.00
- 5 - 6**      Sway Right to side. Sway Left to side .
- 7 - 8**      Sway Right to side. Sway Left to side .

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