

Alone

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Count: 48

Wall: 1

Level: Phrased Intermediate

Choreographer: Lena PETIT , Feb. 2016

Music: "Alone" - Selah Sue

Start after 16 counts

Tag after the 10th wall

ABB AABB AA*Tag*AAA

PART A - 32 counts

A[1-8] 1/8 tour step x2, step 1/2 turn touch, Step x2, step 1/2 turn touch

1, 2, 3,4: 1/8 turn R step R forward, step L forward, step R, 1/2 turn L touch LF forward

5, 6, 7, 8: Step L forward, step R forward, step L, 1/2 turn R touch RF forward (ending weight on LF, 1h30)

A[9-16] Step, cross behind backwards sweep, cross behind, 1/8 turn side, cross, side, swivel heel toe

1,2: Step R forward (1h30), cross LF behind RF sweep RF front to back

3&4: Cross RF behind LF, 1/8 turn L step L to L side, cross RF over LF

5, 6, 7, 8: Step L to L side, swivel R heel, swivel R toe, swivel R heel (ending weight on LF 12h)

A[17-24] Wizard step x2, step 1/2 turn, full turn

1, 2&: Step R diagonal R, cross LF behind RF, step R diagonal R (&)

3, 4&: Step L diagonal L, cross RF behind LF, step L diagonal L (&) (ending weight on LF 12h)

5, 6: Step R forward, 1/2 turn L

7,8: 1/2 turn L step R backwards, 1/2 turn L step L forward (ending weight on LF 6h)

A[25-32] 1/4 turn side, behind, side, step 1/4 tour touch, side, touch bump x2

1, 2&3, 4: ¼ turn L step R to R side, cross LF behind RF, step R to R side, step L forward, ¼ turn R touch RF

5, 6, 7, 8: Step R to R side, touch LF diagonal bump L hip, step L to L side, touch RF diagonal bump R hip (ending weight on LF 12h)

PART B - 16 counts

B[1-8] paddle turn x2, sailor step, behind ¼ turn step, triple step

1,2: ¼ turn L point RF to R side, ¼ turn L point RF to R side

3&4: Cross RF behind LF, step L to L side, step R to R side

5,6: Cross LF behind RF, ¼ turn R step R forward

7&8: Step L forward, step R next to LF, step L forward (ending weight on LF 9h)

B[9-16] Rock step, step ½ turn, ¼ turn hitch, side, slide touch

1,2&: Step R forward, recover, step R next to LF

3,4: Step R forward, ½ turn R step L forward

&5: Hitch ¼ turn R, step L to L side

6,7,8: Drag RF toward LF during 2 counts, touch RF next to LF (ending weight on LF 6h)

TAG : After 10th wall, repeat the last 4 counts of the part A

Start again with your smile !

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