

# Only Gets Better

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**Count:** 48

**Wall:** 4

**Level:** High Intermediate

**Choreographer:** Guyton Mundy (August, 2008)

**Music:** "Keeps Getting' Better" By Christina Aguilera

## Dance starts on vocals

**(1-9) walk back, 1/2 turn, half chase turn, walk, 1/4 turn jazz, 1/4 weave**

**1-2 walk back on left, make a half turn to the right stepping forward on right**

**3&4 step forward on left, make a half turn to the right stepping forward on right, step forward on left**

**5 walk forward on right**

**6&7 cross left over right, step back on right while making a 1/4 turn to the left, step left to left**

**8&1 step right behind left, while making a 1/4 turn to left step forward on left, step right to right**

**(10-17) 3/4 turn, 1/2 turn, coaster, walks X2, rock recover cross**

**2-3 make a 3/4 turn over left shoulder stepping forward on left, make a half turn over left shoulder stepping back on right**

**4&5 step back with left, step together with right, step forward on left**

**6-7 walk forward on right, walk forward on left**

**8&1 rock right to right side, recover on left, cross right over left**

**(18-24) hitch, press, recover with 1/4, 3/4 turn, 1/2 turn, coaster**

**2-3-4 hitch left knee up, press down on left to left side, recover on right while making a 1/4 turn to left**

**5-6 make a 1/2 turn over left shoulder stepping forward on left, make a half turn over left shoulder stepping back on right**

**7&8 step back on left, step together with right, step forward on left**

**(25-32) heel grind, ball step, step with 1/4 turn, hold, ball step, 1/2 turn back, coaster**

**1&2 while stepping forward on right grind right heel, step on ball of left foot, step slightly back on right**

**&3-4 make a 1/4 turn to left stepping forward on left, step forward on right, hold**

**&5-6 step back on ball of right, step forward on left, make a 1/2 turn to left stepping back on right**

**7&8 step back on left, step together with right, step forward on left**

**(33-40) step, ball lift, recover, ball step, knee pops, step back, 1/2 turn drag**

**1-2 walk forward on right, lift heel of right bringing body up slightly**

**3&4 lower right heel, step back on ball of left, step forward on right**

**5-6 pop right knee forward, pop left knee forward as you straighten right knee**

**7-8 press off of left foot as you make a 1/2 turn to the right stepping forward on right, drag left next to right**

**(41-48) 1/4 turn Jazz, cross, 1/4, 1/2, 1/2**

**1-2 step forward on left, cross right over left**

**3-4 step back on left, make a 1/4 turn to right stepping right to right side**

**5-6 cross left over right, step back on right while making a 1/4 turn to left**

**(styling on 5-6, as you cross and step back slightly bend at knees and lower body)**

**7-8 make a 1/2 turn to left stepping forward on left, ,make a 1/2 turn to left stepping back on right**

**(styling on 7-8, raise up slightly on count 7 and fully on count 8. Think of it like this, you are walking down stairs on counts 5,6 and you are walking up on counts 7,8)**

**Have fun!!!!!!**