

Any Way But Up!

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Count: 64 **Wall:** 4 **Level:** Phrased Improver

Choreographer: Steve & Denise Bisson (Northern Cyprus) Feb 2012

Music: Any Way The Wind Blows by Brother Phelps CD: Any Way The Wind Blows (90bpm)

Intro: 24 counts from beginning (approx. 10 secs.) for A section - start on opening instrumental

B section starts on vocals - for remainder of the dance

A - Danced Twice Only, (Two Wall) - Ending At Home Wall

Section 1: Rhumba Box (With Holds)

- 1-2 Step right to right side, step left beside right
- 3-4 Step right forward, hold
- 5-6 Step left to left side, step right beside left
- 7-8 Step left back, hold

Section 2: Scissor Steps x2 (With Holds)

- 1-2 Step right to right side, close left beside right
- 3-4 Cross right over left, hold
- 5-6 Step left to left side, close right beside left
- 7-8 Cross left over right, hold

Section 3: Back Lock Step - Hold, 1/2 Turn Left - Hold

- 1-2 Step right back, lock left over right
- 3-4 Step right back, hold
- 5-6 Step left back making $\frac{1}{4}$ turn left, step right to right side making $\frac{1}{4}$ turn left [6.0]
- 7-8 Step left forward, hold

Section 4: Side Rock, Cross - Hold, 1/2 Turn right - Hold

- 1-2 Rock right to right side, recover weight on left
- 3-4 Cross right over left, hold
- 5-6 Step left back making $\frac{1}{4}$ turn right, step right to right side making $\frac{1}{4}$ turn right [12.0]

7-8 Step left forward, hold

B - Remainder Of The Dance, (4 Wall), Starting At Home Wall

Section 1: Forward Lock Steps x 2 (With Holds)

1-2 Step right forward, lock step left behind right

3-4 Step right forward, hold

5-6 Step left forward, lock step right behind left

7-8 Step left forward, hold

Section 2: Side, Behind, ¼ Turn, Hitch, Pivot ½ Turn Right, Step Forward, Hold

1-2 Step right to right side, step left behind right

3-4 Step forward on right making ¼ turn right, hitch left knee [3.0]

5-6 Step forward on left, pivot ½ turn right [9.0]

7-8 Step forward on left, hold

Section 3: Side, Cross, Side, Heel Jack x 2

1-2 Step right to right side, cross left over right

3-4 Step right to right side, touch left heel diagonally forward

5-6 Step left to left side, cross right over left

7-8 Step left to left side, touch right heel diagonally forward

(Note: on steps 1 and 5 when stepping to the side, step slightly back to make it easier to cross in front)

Section 4: Walk Back, Kick x 2

1-2 Step back on right, step back on left

3-4 Step back on right, kick left forward

5-6 Step back on left, step back on right

7-8 Step back on left, kick right forward

Begin again - no tags or restarts, yeah!

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