

# BLUE ROCK

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**Count:** 40

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Cools Stefaan

**Music:** Blue Rodeo by The Woolpackers

## HEEL TOUCH FORWARD, TOE TOUCH, SIDE STEP, CROSS HEEL TOUCH, SIDE STEP, STEP

- 1-2** Touch right heel forward, touch right toe next to left
- 3-4** Step right to the right side, touch left heel across left and snap fingers on shoulder height
- 5-6** Step left to the left side, touch right heel across left and snap fingers on shoulder height
- 7-8** Step right to the right side, step left next to right

## SYNCOPATED RIGHT AND LEFT SIDE ROCK STEPS, SYNCOPATED FORWARD AND BACK ROCK STEPS

- 9&10** Rock right to the right, recover on left, step right next to left
- 11&12** Rock left to left side, recover on right, step left next to right
- 13&14** Rock right forward, recover on left, step right next to left
- 15&16** Rock left behind recover on right, step left next to right

## SYNCOPATED ROCK STEPS WITH CROSS STEP, SYNCOPATED ROCK STEP WITH ¼ TURN LEFT AND STEP BEHIND, SYNCOPATED ROCK STEP BEHIND WITH STEP FORWARD, SYNCOPATED ROCK STEP FORWARD WITH STEP

- 17&18** Rock right to right, recover on left, step right behind left
- 19&20** Rock left to the left with ¼ turn left, recover on right, step left back
- 21&22** Rock right back, recover on right, step right forward
- 23&24** Rock left forward, recover on right, step left next to right

## KICK BALL CROSS, SIDE STEP, SHUFFLE WITH ¼ TURN RIGHT, SHUFFLE WITH ½ TURN RIGHT

- 25&26** Kick right forward, step right next to left, step left across right
- 27-28** Step right to right en push right hip to right, push left hip to left
- 29&30** ¼ turn right on left and step right forward, step left next to right, step right forward

**31&32<sup>1</sup>/<sub>4</sub> turn right on right and step left to left, step right to left, step right <sup>1</sup>/<sub>4</sub> turn right and step left back**

**RIGHT SIDE SHUFFLE, <sup>1</sup>/<sub>4</sub> RIGHT TURN RIGHT WITH SIDE SHUFFLE, <sup>1</sup>/<sub>4</sub> TURN RIGHT WITH RIGHT SIDE SHUFFLE, <sup>1</sup>/<sub>4</sub> TURN RIGHT WITH LEFT SIDE SHUFFLE**

**33&44** Step right to right side, step left to right, step right to right side

**35&36** Turn <sup>1</sup>/<sub>4</sub> right on right and step left to left side, step right next to left, step left to left side

**37&38** Turn <sup>1</sup>/<sub>4</sub> right on left and step right to right side, step left next to right, step right to right side

**39&40** Turn <sup>1</sup>/<sub>4</sub> right on right and step left to left side, step right next to left, step left to left side

**On the counts 33 to 40 bend the knees a little bit like the real cowboy does**

**REPEAT**