

# Move To The Groove

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**Count:** 64

**Wall:** 2

**Level:** Phrased Intermediate

**Choreographer:** Helen Williamson and Larry Bass - September 2017

**Music:** "Hitman" by AB Logic - 128 BPM

**(Start after 32 counts on vocals) Phrasing: AAB-AAB-AA16-AB-AAB**

**PART A: 32 counts**

**A1: RIGHT VINE 2 COUNTS & HEEL & CROSS; 3/4 HINGE TURN, FORWARD TRIPLE STEP**

- 1-2** Step R to right; Step L behind R
- &** Step R slightly back
- 3** Touch L heel to left diagonal
- &4** Step L slightly back, Step R across L
- 5-6** Make a 1/4 turn right while stepping L back (3:00); Make a 1/2 turn right & step R forward (9:00)
- 7&8** Triple step forward L, R, L

**A2: ROCK STEP, LOCK BALL STEP; LOCK BALL STEP, TURN 1/4 TURN OUT, HEEL LIFTS**

- 1-2** Rock R forward; Recover back to L
- 3&4** Step R behind L heel, Step L in place, Step R back (bouncing)
- 5&6** Step L behind R heel, Step R in place, Step L back (bouncing)
- &7** Make a 1/4 turn right & step R to right, Step L out to left (12:00)
- &8** Lift Heels, Drop Heels

**Restart after 16 counts wall 6 of A facing (6:00)**

**A3: STEP 1/2 PIVOT, FORWARD TRIPLE STEP; WIZARD STEP, WIZARD STEP**

- 1-2** Step R forward; Pivot 1/2 turn left to L (6:00)
- 3&4** Triple step forward R, L, R
- 5-6** Step L to left diagonal R; Lock R behind L
- &** Step L slightly to left
- 7-8** Step R to right diagonal; Lock L behind R
- &** Step R slightly to right

#### **A4: ROCK STEP & CROSS & HEEL & CROSS SIDE, BEHIND & CROSS**

- 1-2 Rock L forward; Recover back to R
- &3 Step L slightly back, Step R across L
- &4 Step L slightly back, Touch R heel to right diagonal
- &5-6 Step R slightly back, Step L across R; Step R to right
- 7&8 Step L behind R, Step R to right, Step L across R

#### **PART B: 32 counts - Always face 12:00 wall to do part B**

##### **B1: NIGHTCLUB BASICS, CIRCLE WALK & TRIPLE STEP**

- 1-2 Step R a long step to right; Rock L back
- & Recover forward to R
- 3-4 Step L a long step to left; Rock R back
- & Recover forward to L
- 5-6 Walk in an arc, make a  $\frac{1}{4}$  turn right & step R forward; Make a  $\frac{1}{4}$  turn right & step L forward (6:00)
- 7&8 Continue arc and triple step R, L, R making  $\frac{1}{2}$  turn right (12:00)

##### **B2: NIGHTCLUB BASICS, CIRCLE WALK & TRIPLE STEP**

- 1-2 Step L a long step to left; Rock R back
- & Recover forward to L
- 3-4 Step R a long step to right; Rock L back
- & Recover forward to R
- 5-6 Walking in an arc, make a  $\frac{1}{4}$  turn left & step L forward; Make a  $\frac{1}{4}$  turn left & step R forward (6:00)
- 7&8 Continue arc and triple step L, R, L making  $\frac{1}{2}$  turn left (12:00)

##### **B3: SIDE ROCK STEP & SIDE ROCK STEP; & FORWARD ROCK STEP, COASTER STEP**

- 1-2 Rock R to right; Recover left to L
- & Step R beside L
- 3-4 Rock L to left, Recover right to R
- & Step L beside R
- 5-6 Rock R forward; Recover back to L

**7&8** Step R back, Step L beside R, Step R forward

**B4: FORWARD ROCK STEP & FORWARD ROCK STEP; SIDE ROCK STEP, CROSSOVER  
TRIPE STEP**

**1-2** Rock L forward; Recover back to R

**&** Step L beside R

**3-4** Rock R forward, Recover back to L

**&** Step R beside L,

**5-6** Rock L to left, Recover right to R

**7&8** Step L across R, Step R to right, Step L across R

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