

# A Message of Love

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**Count:** 40                      **Wall:** 2                      **Level:** Improver

**Choreographer:** Margaret Warren , Tasmania, August 2016

**Music:** Send a Sign To My Heart by Chris Norman & Lory Bonnie

## #8 Count Intro Start on Vocals, 1 Restart

### S1: Side, Replace, Fwd x 2, R Lock 45dg, L Lock 45dg.

- 1&2**            Rock step R to side, replace on L, step fwd on R,  
**3&4**            Rock step L to side, replace on R, step fwd on L  
**5&6**            Step fwd on R to diag, cross L behind R, step fwd on R  
**7&8**            Step fwd on L to diag, cross R behind L, step fwd on L

### S2: R Side, Tog, Back, L Side, Tog, Back, R Back Coaster, Pivot ½ R

- 1&2**            Step R to side, step L beside R, step back on R  
**3&4**            Step L to side, step R beside L, step back on L  
**5&6**            Step back on R, step L beside R, step fwd on R,  
**7&8**            Step fwd on L, pivot ½ turn R weight on R, step fwd on L

### S3: Side, Behind, Replace, x2, Back Turn ¼ L, Hook, L Shuffle

- 1,2&**            Step R to side, step L behind R, replace on R  
**3,4&\*\***        **Step L to side, step R behind L, replace on L**  
**5,6**            Step back on R turning ¼ L, hook L across R  
**7&8**            Shuffle fwd L, R, L

### S4: Side, Tog, Fwd, L Back Lock, R Sailor Turning ¼ R, L Sailor Step

- 1&2**            Step R to side, step L beside R, step R forward  
**3&4**            Step back on L, step R across L, step back on L  
**5&6**            Step R behind L turning ¼ R, step L to side, step R to side  
**7&8**            Step L behind R, step R to side, step L to side

### S5: Point Tog. Point Tog. Cross, Replace, Tog. Cross Replace, Tog. Cross Walk R & L,

- 1&2&,**            Point R to side, step R beside L, point L to side, step L beside R

- 3,4&** Cross R over L, replace on L, step R beside L
- 5,6&** Cross L over R, replace on R, step L beside R
- 7,8** Step R fwd slightly across L, step L fwd slightly across R

**Restart: On third wall after 20 beats\*\*(Facing back )**

**Dance ends on front wall after Walks**