

# He Wo Yi Qi Yao Bai (Rock With Me)

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**Count:** 64      **Wall:** 4      **Level:** Phrased High Beginner

**Choreographer:** Janet (Zhen Zhen) Ge , China (June 2014)

**Music:** Yao Bai Style by Zhuang Xinyan

**Dance Sequence: AAA \ BBBB \ AAA\* \ BBBB**

**Intro: 6X8 Counts from heave beat in music ( 36 sec )**

**Part A: 4X8 Counts**

**[1-8] Toe strut R, Toe strut L, Rock, Recover, Cross, Hold**

**1234** Touch right toe to right, step right heel down, touch left toe cross right, step left heel down

**5678** Rock right to right side, recover on left, cross right over left, hold

**Hand Option: Snap your fingers two times on 1-4 counts**

**[2-8] Toe strut L, Toe strut R, Rock, Pivot 1/4 Turn R, Fwd, Hold**

**1234** Touch left toe to left, step left heel down, touch right toe cross left, step right heel down

**5678** Rock left to left side, pivot 1/4 turn R, step left forward, hold (3:00)

**[3-8] Vine R, Side, Touch Diagonal , Side, Touch Diagonal**

**1234** Step right to right side, cross left behind right, step right to right side, cross left over right

**5678** Step right to right side, touch left diagonal R, step left to left side, touch right diagonal L

**[4-8] Side, Touch, 1/4 Turn Back, Touch, 1/4 Turn Side\Sway, Touch, Side\Sway, Touch**

**1234** Step right to right side, touch left together, 1/4 turn R step left back, touch right together (6:00)

**5678 1/4 Turn R step\sway right to right side, touch left together, step\sway left to left side, touch right together (9:00)**

**Part B: 4X8 Counts**

**[1-8] Side, Hold, Side, Hold, Heel Swivel, Return, Heel Swivel, Return**

**1234** Step right to right side, hold, step left to left side, hold

**5678** Swivel right heel inwards, return right heel weight on right, swivel left heel inwards, return left heel weight on left ( when you do 5678, rock your body from left to right)

**[2-8] Back, Together, Fwd Diagonal, Fwd Diagonal, Heel Swivel, Return, Heel Swivel, Return**

**1234** Step right back, step left together, step right forward diagonal R, step left forward diagonal L

**5678** Swivel right heel inwards, return right heel weight on right, swivel left heel inwards, return left heel weight on left ( when you do 5678, rock your body from left to right)

**[3-8] Cross, Recover, 1/4 Turn R, Hold, Fwd Shuffle, Hold**

**1234** Cross right over left, recover on left, 1/4 turn R stepping right forward, hold

**5678** Step left forward, lock right behind, step left forward, hold □ 3:00□

**[4-8] Point, Hitch, Point, Hold, 1/4 Turn Sailor Step, Together**

**1234** Point right to right side, hitch right heel, point right to right side, hold

**5678** Cross right behind left, 1/2 turn R stepping left together, step right forward, step left together □ 9:00□

**Hand Option: right hand clenched at above , from head to right side two times on 1-4 counts**

**A\* 40 Counts ( 4-8 counts Part A is repeat twice, end face to 12:00)**

**Special thanks to Rose-Zhang suggest the music**

**Contact: Linedance @ live.cn**

**Last Update - 19th June 2014**