

I'M LIKE A BIRD

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Ted (Lazy T) White

Music: I'm Like A Bird by Nelly Furtado

INTRO

Only done once, at the start of the dance

To count in, count 16 after Nelly starts to sing.

ROCK, ROCK, CROSS SHUFFLES LEFT AND RIGHT

- 1-2** Rock left to left, rock right to right
- 3&4** Cross left over right, close right to left, step left to right
- 5-6** Rock right to right, rock left to left
- 7&8** Cross right over left, close left right to left, step right to left

ROCK, ROCK, LEFT BACK SHUFFLE, ROCK, ROCK, FORWARD RIGHT SHUFFLE

- 9-10** Rock forward on left, rock back on right
 - 11&12** Step back on left, close right beside left, step back on left
 - 13-14** Rock back on right, rock forward on left
 - 15&16** Step forward on right, close left beside right, step forward on right
- 17-32** Repeat counts 1-16

THE MAIN DANCE

ROCK, ROCK, LEFT BACK LOCK STEP ½ TURN, STEP, RIGHT CROSS SHUFFLE

- 1-2** Rock forward on the left, rock back onto right
- 3&4** Step back onto left, lock right over left, step back left
- 5-6** Turn ½ turn over right shoulder onto right, step left to left
- 7&8** Cross right over left (keep crossed), step left together, step right to left

HIPS, STEP, CLOSE, RIGHT SIDE, RIGHT SIDE SHUFFLE

- 1-2** Step left to left, shake hips to left, shake hips to right
- 3&4** Shake hips left, right, left
- 5-6** Step right to right, close left beside right
- 7&8** Step right to right, close left beside right, step right to right.

CROSS, $\frac{3}{4}$ TURN RIGHT, LEFT SIDE SHUFFLE, $\frac{1}{2}$ TURN LEFT, LEFT SIDE SHUFFLE

- 1-2** Cross left over right, unwind $\frac{3}{4}$ turn over right shoulder,
- 3&4** Step left to left, close right beside left, step left to left
- 5-6** Cross right over left, unwind $\frac{1}{2}$ turn left
- 7&8** Cross right over left (keep crossed), close left to right, step right to left.

ROCK, ROCK, CROSS SHUFFLE, STEP $\frac{1}{2}$ PIVOT, KICK BALL CROSS, TOUCH

- 1-2** Rock to left, rock to right,
- 3&4** Cross left over right (keep crossed), close right beside left, step left to right
- 5-6** Step forward right, turn $\frac{1}{2}$ turn left
- 7&8** Kick right foot forward, step right beside left, cross left toe across right foot

REPEAT