

# Kisus Tawak (Twist Your Hips)

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**Count:** 48                      **Wall:** 2                      **Level:** Beginner

**Choreographer:** Agnes Sipula Vun ( July 2010 )

**Music:** Kisus Tawak by Francis Landong

**Start on vocal.**

## HEEL TWISTS

**1-4**            With right foot in front, twist both heels RLR/center

**5-8**            With left foot in front, twist both heels LRL/center

## SIDE TOE STRUT, CROSS TOE STRUT, SIDE-ROCK, CROSS CHA CHA

**1-2**            Touch right toes to right side, step right heel down

**3-4**            Touch left toes over right, step left heel down

**5-6**            Rock right to right side, recover onto left

**7&8**            Cross cha cha on RLR

## SIDE TOE STRUT, CROSS TOE STRUT, SIDE-ROCK, CROSS CHA CHA

**1-2**            Touch left toes to left side, step left heel down

**3-4**            Touch right toes over left, step right heel down

**5-6**            Rock left to left side, recover onto right

**7&8**            Cross cha cha on LRL

## BACK TOE STRUTS X 4

**1-2**            Touch right toes back, step right heel down

**3-4**            Touch left toes back, step left heel down

**5-6**            Touch right toes back, step right heel down

**7-8**            Touch left toes back, step left heel down

## HEEL SWITCHES, MONTEREY 1/2 TURN RIGHT

**1-2**            Touch right heel forward, step right together

**3-4**            Touch left heel forward, step left together

**5-6**            Point right to right side, turning 1/2 right step right together

**7-8** Point left to left side, step left together

### **HEEL SWITCHES X 4**

**1-2** Touch right heel forward, step right together

**3-4** Touch left heel forward, step left together

**5-6** Touch right heel forward, step right together

**7-8** Touch left heel forward, step left together

**Restart during wall 4 ( facing 6.00 ) after 24 counts.**

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