

IT'S ALL LIFE

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Count: 32

Wall: 4

Level: intermediate

Choreographer: Lady Lace

Music: I'll Wait For Life by Take That

2 SHUFFLES, STEP ½ TURN, TRIPLE FULL TURN, ¼ TURN LEFT

- 1&2** Step right forward, lock step left behind right, step right forward
- 3&4** Step left forward, lock step right behind left, step left forward
- 5-6** Step right forward, pivot ½ turn left shifting weight to left foot
- 7&8** Full turn forward, stepping right, left, right
- &** Step left to side making ¼ turn left

CROSS ROCK & CROSS ROCK & CROSS ROCK, RECOVER, 3 ½ TURNS RIGHT, ROCK RECOVER

- 1-2&** Cross rock right over left, recover, step right beside left
- 3-4&** Cross rock left over right, recover, step left beside right
- 5-6** Cross rock right over left, recover

Traveling forward

- &7&** Make ½ turn right and step right forward, turn ½ turn right and step left back, turn ½ turn right and step right forward

Easier option: step right beside left, step left back, step right beside left, rock left to side ¼ turn left, recover

- 8&** Step rock left forward, recover onto right foot

¼ TURN MAMBO FORWARD, MAMBO BACK, STEP LOCK BACK, STEP LOCK BACK, & TOGETHER

- 1&2** Turn ¼ turn right and rock left forward, recover, step left beside right
- 3&4** Rock right back, recover, step right beside left
- 5&6** Step left back, lock step right over left, step left back
- 7&8** Step right back, lock step left over right, step right back
- &** Step left beside

Restart here during walls 3 and 6

WEAVE LEFT, POINT, FORWARD POINT, TOE ACROSS UNWIND $\frac{3}{4}$ TURN, FORWARD

- 1-2 Sweep right over left, step left to side
- 3-4 Step right behind, point left to side
- 5-6 Step left forward, point right to side
- 7-8 Touch right toe across left, unwind $\frac{3}{4}$ left, step left forward

REPEAT

RESTART

Restart after 24 counts during wall 3 and 6

TAG

End of wall 7

- 1-2 Step right forward, $\frac{1}{2}$ turn left shifting weight to left foot
- 3-4 Step right forward, $\frac{1}{2}$ turn left shifting weight to left foot