

# LEARNING TO FLY

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Christopher Petre (Sept 08)

**Music:** One Step At A Time by Jordin Sparks (CD: 102bpm)

**Intro: 16 count intro. Start on the lyrics.**

**(1-8) STEP, STEP-LOCK-STEP, SKATE, SKATE, STEP-LOCK-STEP, STEP**

- 1 Step forward R
- 2&3 Step forward L, step on the ball of the R foot behind the L, step forward L (or shuffle)
- 4,5 Bring R next to L and step forward on the R with turned out foot, repeat with L
- 6&7 Step forward R, step on the ball of the L foot behind the R, step forward R (or shuffle)
- 8 Step forward L

**(9-16) ¼ R STEP, CROSS-AND-CROSS, STEP BACK, ¼ L STEP, STEP, ½ L PIVOT, BALL-STEP**

- 1 Pushing off your left foot turn ¼ right (3:00) and step the R to the right side
- 2&3 Step the L over the R, step the R to the right side, step the L over the R
- 4,5 Step back on R, turning ¼ left (12:00) step forward on L
- 6,7 Step forward on R, turn ½ left (6:00) stepping on the L
- &8 Step on the ball of the R foot next to the L, step forward on L

**RESTART: Restart here on the 4th and 9th walls (Note: the 4th wall will start facing 9:00 and you will restart the 5th wall facing 3:00 wall; the 9th wall will be the next time you start facing 3:00)**

**(17-24) STEP, ½ L PIVOT, KICK, TOUCH BACK, KICK-BALL-CHANGE, STEP, ½ L PIVOT**

- 1,2 Step forward on R, turn ½ left (12:00) stepping on the L
- 3,4 With a straight leg swing the R leg forward, swing the leg back and touch the R toe behind
- 5&6 Kick the R forward, step on the ball of the R next to the L, step forward on R
- 7,8 Step forward on R, turn ½ left (6:00) stepping on the L

**(25-32) PRESS, RECOVER, BALL-SHOOT ¼ R, TOUCH BACK, TWIST, TWIST, STEP ½ L PIVOT**

- 1,2** Step on the ball of the R to right as you rock to the side, recover weight onto the L
- &3** Stepping on the ball of the R next to L, step the L to the left side (scoot) as you begin turning  $\frac{1}{4}$  right (9:00)
- 4** Now facing 9:00 touch the R toe back behind the L heel
- 5** Dig the R toe into the floor and turn  $\frac{1}{2}$  right (3:00) with a twisting motion placing weight onto R
- 6** Pushing off the R foot twist back to face 9:00 ( $\frac{1}{2}$  left) placing weight onto the L

**Note for counts 5-6: twist only as much as you are comfortable with, just so come back to 9:00**

- 7,8** Step forward on R, turn  $\frac{1}{2}$  left (3:00) stepping on the L

**Repeat**