

Irish Cowboy

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Count: 40

Wall: 2

Level: Improver

Choreographer: Adrian Helliker (FR)

Music: I'm The Irish Cowboy - Travers "Tex" Hammond. CD: The Irish Cowboy

This dance is dedicated to Travers 'Tex' Hammond who sadly passed away in June 2011

Start on lyrics.

SECTION 1: CROSS ROCK RIGHT, SHUFFLE, CROSS ROCK LEFT, SHUFFLE WITH ¼ TURN

- 1-2** Cross rock right over left, recover on left
- 3&4** Step right to right side, step left next to right, step right to right side
- 5-6** Cross rock left over right, recover on right
- 7&8** Step left to left side, step right next to left, make ¼ turn left stepping forward on left

SECTION 2: SIDE, BEHIND, ¼ TURN RIGHT, SHUFFLE, ½ TURN RIGHT, SHUFFLE

- 1-2** Step right to right side, left behind right
- 3&4** Step right to right with ¼ turn to right, left lock behind right, right forward
- 5-6** Step left forward making ½ turn right on right foot
- 7&8** Left foot forward, lock right behind left, left forward taking weight on left

SECTION 3: HEEL, TOGETHER, POINT, TOGETHER, HEEL, TOGETHER, POINT, HEEL, TOGETHER, POINT, TOGETHER, HEEL, TOGETHER, POINT

- 1&2&** Right heel forward, right beside left, point left beside right, left beside right
- 3&4** Right heel forward, right beside left, point left beside right
- 5&6&** Left heel forward, left beside right, point right beside left, right beside left
- 7&8** Left heel forward, left beside right, point right beside left

SECTION 4: SAILOR STEP RIGHT, SAILOR CROSS STEP LEFT, SHUFFLE FORWARD RIGHT THEN LEFT

- 1&2** Right foot cross behind left, left foot beside right, step right to right side
- 3&4** Left foot cross behind right, right foot beside left, step left across front of right
- 5&6** Right foot forward, left beside right, right forward
- 7&8** Left foot forward, right beside left, left forward

SECTION 5: POINT, TOGETHER, HEEL CROSS, TOGETHER, POINT, TOGETHER, HEEL CROSS, TOGETHER, SCUFF, HITCH, STOMP, HEEL, TOGETHER, POINT

- 1&2&** Point right beside left, right beside left, cross left heel in front of right, left beside right
- 3&4&** Point right beside left, right beside left, cross left heel in front of right, left beside right
- 5&6** Scuff right forward, hitch right, stomp right beside left
- 7&8** Left heel forward, left beside right, point right beside left

TAG: 2 COUNT TAG after 4th wall:

- 1&2** Left heel forward, left beside right, point right beside left

ENDING after 9th wall (last wall):

- 1-2** Cross rock right over left, Recover on left
- 3&4** Step right to right, step left next to right, step right to right side
- 5-6** Step left forward making $\frac{1}{2}$ turn right on right foot to face front wall
- 7-8** Step forward on left with both arms out to sides, hold

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