

CARIBBEAN CADENCE

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Count: 40 **Wall:** — **Level:** —

Choreographer: Dorothy Guertin

Music: Get Into Reggae Cowboy by The Bellamy Brothers

Position: Right shoulder to Right shoulder. Man on inside of circle facing LOD, Lady to outside of circle facing RLOD

RIGHT & LEFT HEELS

1-4 Tap right heel 4 times (feet should be shoulder width apart)

5-8 Tap left heel 4 times

Right foot slightly forward of left. Ball of foot remaining on floor during heel taps, weight on left foot. Swivel heels $\frac{1}{4}$ turn to right & repeat heel taps with left foot

SWIVELS, CLAP

9-10 Heel swivels to left, heel swivels to right

11-12 Heel swivels to left, clap

HIP BUMPS & ROLLS, SHUFFLE IN PLACE, MILITARY TURNS

13-16 Hip bumps right, left, right, left

17-20 Hip waves right, left, right, left

Cuban style rotate hips down & round

21&22 Cha-cha-cha in place right, left, right

23-24 Left foot step forward, pivot $\frac{1}{2}$ turn right

SHUFFLE IN PLACE, MILITARY TURN, CHA-CHA-CHA

25&26 Cha-cha-cha left, right, left

27-28 Step forward on right foot, pivot $\frac{1}{2}$ turn left

29&30 Cha-cha-cha right, left, right

CHANGE PARTNERS, CHA-CHA-CHA, MILITARY TURNS, STOMP, CLAP

For single's line dance follow lady's steps

31MAN: Left foot step forward

LADY: Left foot rock forward

32MAN: Right foot step forward

LADY: Right foot rock back

33&34MAN: Cha-cha-cha left, right, left

LADY: Cha-cha-cha left, right, left

35-36 Step forward on right foot, pivot ½ turn left

37-38 Step forward on right foot, pivot ½ turn left

39-40 Stomp right foot, clap

REPEAT