

# Livin' La Vida Loca

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**Count:** 24

**Wall:** 4

**Level:** Beginner / Intermediate

**Choreographer:** Baila Baila Zumbido (Oct 2011)

**Music:** "Livin' La Vida Loca" by Ricky Martin

**Intro: 16 Counts. [00:11]. On vocals.**

**§1: Weave R, Cross, Unwind  $\frac{3}{4}$  R, Vine R, Unwind  $\frac{1}{2}$  L,  $\frac{1}{2}$  L Back**

**1&2&** Cross L over R, step R to R, cross L behind R, step R to R

**3,4** Cross L over R, unwind  $\frac{3}{4}$  R [9:00]

**\*\*\* Restart here on wall 11 facing 12:00.**

**5&6&** Step L to L, cross R behind L, step L to L, cross R over L

**7,8** Unwind  $\frac{1}{2}$  L,  $\frac{1}{2}$  L step R back

**§2:  $\frac{1}{4}$  L Fwd Toe Struts, Coaster Step (All with shoulder shimmies), Hip Rolls Turning  $\frac{1}{2}$  R, Hip Rolls Turning  $\frac{1}{2}$  L**

**1&2& $\frac{1}{4}$  L point L fwd, slap L heel down, point R fwd, slap R heel down [6:00]**

**3&4** Step L back, step R beside L, step L fwd

**Styling : Shimmy your shoulders on counts 1-4.**

**\* Restart here on wall 3 facing 12:00 by adding: '&' Replace weight R**

**5,6[Rolling hips c/w turn  $\frac{1}{4}$  R [9:00]] x 2 [12:00]**

**7,8[Rolling hips cc/w turn  $\frac{1}{4}$  L [9:00]] x 2 [6:00]**

**Note: When rolling hips turning  $\frac{1}{4}$  R & back  $\frac{1}{4}$  L, there is no change in feet positions. Keep the feet position as it is on count 4.**

**§3: Side Point x 2,  $\frac{1}{2}$  L Side Point, Close, Cross Kick, Side, Swivels  $\frac{1}{4}$  L, Coaster Press, Coaster Step**

**1&2&** Point L to L twice,  $\frac{1}{2}$  L point L to L, step L beside R [12:00]

**3&4** Cross kick R over L, step R to R, swivel both heels L, swivel both heels R to turn  $\frac{1}{4}$  L [9:00]

**\*\* Restart here on wall 7 facing 12:00.**

**5&6** Step L back, step R beside L, press L fwd

**7&8** Step R back, step L beside R, step R fwd

**Repeat!**

**Note: This dance is not totally phrased despite of the 3 restarts. It will be far too many restarts if it will to be fully phrased. Hence, I have chosen to restart the dance whenever you hear Ricky Martin sings “Upside Inside Out”. I think this is the best way to keep the dance pattern in phrase as far as possible with the least restarts incurred.**