

# HOT MAMA

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** beginner/intermediate west coast swing

**Choreographer:** Kathy Sharpe-Arrant

**Music:** Hot Mama by Trace Adkins

## STEP, BEHIND, SIDE, ROCK, CROSS, ¼ TURN, BACK, COASTER STEP

- 1-2** Step right foot to right, cross left foot behind right
- 3&4** Step right foot to right, rock weight back onto left foot, cross right foot over left
- 5-6** Step left foot to left with 1/8 turn right, step right foot back with 1/8 turn right (to complete ¼ turn)
- 7&8** Coaster step back (step left foot back, step right foot together with left, step left forward)

## PROGRESSIVE TOE STRUTS WITH HIPS, KICK BALL CHANGE, HOLD

- 1-2** Touch right toe forward, leading with right hip, step on right heel while rolling right hip out and back (to the right)
- 3-4** Touch left toe forward, leading with left hip, step on left heel while rolling left hip out and back (to the left)
- 5&6** Kick right foot forward, step on ball of right foot, change weight to left foot
- 7-8** Touch right toe forward, hold count 8 and pose

## TWO ¼ TURN HIP ROLLS, MODIFIED JAZZ BOX, HOLD

- 1-2** With weight on left foot, roll hips to the left while turning ¼ turn left
- 3-4** Repeat 1-2 to complete ½ turn left
- 5-6** Cross right foot over left with weight, step back on left foot
- &7-8** Step slightly back on ball of right foot, cross left foot over right with weight, hold

## TOE STRUT WITH ¼ TURN RIGHT, ½ TURN PIVOT RIGHT, PUSH, ROCK, KICK, WALK, WALK

- 1-2** With body still on a diagonal from crossover hold, touch right toe to right while stepping into a ¼ turn to face original starting wall, step down on right heel to complete ¼ turn right
- 3-4** Step left foot forward, pivot ½ turn right ending with weight on right foot
- 5&6** Push slightly forward on ball of left foot, rock back onto right foot, kick left foot forward

**&7-8** Step left foot together with right foot on "&", walk forward on right foot, walk forward on left foot

**REPEAT**

**TAG**

**At the end of the 7th wall (this happens after the instrumental)**

**1-4** Rock right, left, right, left changing weight and bumping hips

**Start the dance again from the beginning**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=51476](https://www.linedance.com/index.php?f=dance_view&id=51476)