

# Good Life

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Nicola Lafferty (April 2017)

**Music:** Good Life (Mark McCabe Remix) by Soulé

## Count In: 16 Count Intro

### [1-8] ROCK, RECOVER, TRIPLE BACK, COASTER STEP, 2 WALKS

- 1,2            Rock RF fwd, recover weight back to LF
- 3&4           Step RF back, Close LF to RF, Step RF back
- 5&6           Step LF back, Close RF to LF, Step LF fwd
- 7,8           Step fwd RF, Step LF fwd to L diagonal (face 12.00)

### [9-16] CROSS, BACK, SLIDE (REPEAT)

- 1,2            Cross RF over LF, Step LF back
- 3,4            Slide RF to R side, Drag LF towards RF
- 5,6            Cross LF over RF, Step RF back
- 7,8            Slide LF to L side, Drag RF towards LF (face 12.00)

### [17-24] HIP BUMPS TO DIAGONALS, JAZZ BOX WITH ¼ TURN RIGHT

- 1&2            Touch RF to R diagonal as you take hips and knees to R, bump hips and knees to L, take weight to RF as you bump hips and knees to R
- 3&4            Touch LF to L diagonal as you take hips and knees to L, bump hips and knees to R, take weight to LF as you bump hips and knees to L
- 5,6,7,8        Cross RF over LF, Step LF back, Make ¼ turn R as you step RF to R side, Close LF to RF (face 3.00)

### [25-32] TOUCH, HITCH, CLOSE, HEEL SWITCHES, ½ PIVOT, ROCK, RECOVER, CLOSE

- 1&2            Touch RF to R side, Hitch R knee, Close RF to LF
- 3&            Touch L heel fwd, Close LF to RF
- 4&            Touch R heel fwd, Close RF to LF
- 5,6            Step LF fwd, ½ pivot turn to R taking weight to RF (face 9.00)
- 7,8            Rock LF fwd, Recover weight to RF

& Close LF to RF

**Begin Again**

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