

LIVE TO RIDE

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Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Bud & Connie Cranford

Music: Live To Ride by Danny Shirley

STOMP LEFT, RIGHT, HEELS UP, DOWN

- 1 Stomp left foot out slightly, to the left side
- 2 Stomp right foot out slightly, to the right side (feet about shoulder width apart)
- 3 Rise up on the balls of both feet, lifting the heels, knees slightly bent
- 4 Lower both heels, weight primarily to the right foot

LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE

- 5&6 Step left foot forward, step right foot beside the left, step left foot forward
- 7&8 Step right foot forward, step left foot beside the right, step right foot forward

STEP ¼ TURN LEFT, ¼ TURN LEFT, ¼ TURN LEFT, ¼ TURN LEFT, STOMP (4 BEATS)

- 9 Step left foot to the left side, stepping into a ¼ turn left, facing 9:00
- & Raise the left heel as you pivot ¼ to the left, facing 6:00, the right knee is lifted slightly
- 10 Bring the left heel down
- & Raise the left heel as you pivot ¼ to the left, facing 3:00
- 11 Bring the left heel down
- & Raise the left heel as you pivot ¼ to the left, facing 12:00
- 12 Stomp right foot beside the left, weight changes to the right foot

SIDE, TOGETHER, STOMP OUT, STOMP OUT

- 13 Step left to the left side
- 14 Step right foot beside the left
- 15 Stomp left foot out slightly, to the left side
- 16 Stomp right foot out slightly, to the right side (feet about shoulder width apart)

CROSS-BALL-CHANGE, CROSS-BALL-CHANGE (SAILORS SHUFFLE)

- 17&18 Step left foot back crossing behind the right, step right foot to the right side, step left foot in place

19&20 Step right foot back crossing behind the left, step left foot to the left side, step right foot in place

PIVOT $\frac{1}{4}$ RIGHT, PIVOT $\frac{1}{2}$ LEFT, KICK-BALL-CHANGE

21 Pivot $\frac{1}{4}$ turn right on the balls of both feet, facing 3:00

22 Pivot $\frac{1}{2}$ turn left on the balls of both feet, facing 9:00

23&24 Kick right foot forward, step right ball of foot beside the left, step left foot in place, beside the right

STEP BACK, SHIMMY, STEP BACK, SHIMMY

25 Step right foot back (begin shoulder shimmy)

26 Hold (continue shimmy)

27 Step left foot back (continue shimmy)

28 Hold (end shimmy)

FEET TOGETHER, HIP ROLL

29 Step right foot back, beside the left

30 Roll hips back and to the right, in a circular (to the right) motion

31 Roll hips forward and to the left, in a circular (to the right) motion

32 Roll hips back and to the right, in a circular (to the right) motion, weight goes to right foot

REPEAT