

FEELING RESTLESS

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Count: 64

Wall: 2

Level: intermediate social cha

Choreographer: Pim Humphrey

Music: Restless by Bob McKinlay

SIDE HOLD KICK BALL CROSS TWICE

1-2-3&4 Step side left, hold, kick right foot, step on right, cross left over right

5-6-7&8 Step side right, hold, kick left foot, step on ball of left, cross right over left

SIDE SHUFFLE BACK ROCK TWICE

1&2-3-4 Shuffle to the side with left right left, step back on right, recover weight on left

5&6-7-8 Shuffle to the side with right left right, step back on left recover weight on right

STEP PIVOT, TRIPLE $\frac{1}{2}$ TURN, BACK ROCK, TRIPLE $\frac{1}{2}$ TURN

1-2-3&4 Step forward on left pivot $\frac{1}{2}$ turn right, turn $\frac{1}{2}$ turn right with left right left

5-6-7&8 Step back on right, recover weight on left, turn $\frac{1}{2}$ turn left with right left right

BACK ROCK, STEP LOCK STEP, STEP LOCK, STEP LOCK STEP

1-2-3&4 Step back on left, recover weight on right, step forward left, lock right behind left, step forward left

5-6-7&8 Step forward on right, lock left behind right, step forward on right lock left behind right step forward on right

ROCK STEP, $\frac{3}{4}$ TRIPLE TURN, ROCK STEP, COASTER STEP

1-2-3&4 Step forward on left, recover weight on right, turn $\frac{3}{4}$ to left with left right left

5-6-7&8 Step forward on right, recover weight on left, step back with right step left next to right, step forward with right

ROCK STEP, $\frac{1}{2}$ TRIPLE TURN, ROCK STEP, COASTER STEP

1-2-3&4 Step forward on left, recover weight on right, turn $\frac{1}{2}$ to left with left right left

5-6-7&8 Step forward on right, recover weight on left, step back on right, step left next to right, step forward on right

SIDE, HOLD, BEHIND SIDE CROSS TWICE

1-2-3&4 Step side left, hold, step right behind left, step side left, cross right over right

5-6-7&8 Step side left, hold, step right behind left, step side left, cross right over left

ROCK STEP, $\frac{3}{4}$ TRIPLE TURN, ROCK STEP COASTER STEP

1-2-3&4 Step forward on left, recover weight on right, turn $\frac{3}{4}$ turn to left with left right left

5-6-7&8 Step forward on right, recover weight on left, step back on right, step left next to right, step forward on left

REPEAT