

Lone's Beach

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Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Kitty van der Westen (DK) May 08

Music: Some Beach by Blake Shelton

Intro: 16 counts

This dance is a birthday present for Lone, because she loves the music so much!!!!

CHASSE RIGHT, ROCKSTEP, CHASSE LEFT, ROCKSTEP

- 1&2** Step R To Right Side, Close L Beside R, Step R To Right Side
- 3-4** Rock Back On L, Rock Forward Onto R
- 5&6** Step L To Left Side, Close R Beside L, Step L To Left Side
- 7-8** Rock Back On R, Rock Forward Onto L

KICK BALL STEP (2X), STEPS TURN LEFT, FULL TURN LEFT TRAVELLING FORWARD

- 1&2** Kick R Forward, Place R Beside L, Step L Forward
- 3&4** Kick R Forward, Place R Beside L, Step L Forward
- 5-6** Step Forward R, Turn $\frac{1}{2}$ Left (Weight On L) (Facing 6:00)
- 7-8** Turn $\frac{1}{2}$ Left Stepping Back Onto R, Turn $\frac{1}{2}$ Left Stepping Forward Onto L.

SIDE ROCK, SAILORSTEP, CROSS ROCK, SHUFFLE $\frac{1}{4}$ TURN LEFT

- 1-2** Rock R To Right Side, Rock Back On L
- 3&4** Step Right Behind Left, Step Left To Left, Step Right In Place.
- 5-6** Cross L Over R, Rock Back Onto R
- 7&8** Step L To Left Side, Close R Beside L, Step L To Left Side With A $\frac{1}{4}$ Turn To The Left (Facing 3:00)

SIDE ROCK, CROSS SHUFFLE, STEP TOUCH (2x)

- 1-2** Rock R To Right Side, Rock Back Onto L
- 3&4** Cross Right Over Left. Step Left To Left Side. Cross Right Over Left.
- 5-6** Step L To Left Side, Touch R Beside L
- 7-8** Step R To Right Side, Touch L Beside R

OUT, OUT, IN, CROSS UNWIND, R SHUFFLE, ROCKSTEP

- &1&2** Quickly Step L Out To Left Side, R To Right Side, L Back On Place, R Cross Over L
- 3-4** Unwind Over 2 Counts $\frac{1}{2}$ Turn Left (Weight On L) (Facing 9:00)
- 5&6** Step Forward R, Step L To R, Step Forward R
- 7-8** Step Forward L, Rock Back Onto R

COASTERSTEP, ROCKING CHAIR, STEP TURN $\frac{1}{2}$ LEFT

- 1&2** Step Back L, R Beside L, Step Forward L
- 3-4** Step Forward R, Rock Back Onto L
- 5-6** Step Back R, Rock Forward Onto L
- 7-8** Step Forward R, Turn $\frac{1}{2}$ Left (Weight L) (Facing 3:00)

RESTARTS: ON WALL 1 (FACING 3:00), WALL 3 (FACING 9:00), WALL 5 (FACING 3:00)

HEEL SWITCHES, CLAP (2X), ROCKSTEP, COASTERSTEP

- 1&2** Touch R Heel Forward, R Beside L, Touch L Heel Forward

&3&4 L Beside R, Touch R Heel Forward, Clap, Clap

&5-6 R Beside L, Step Forward L, Rock Back Onto R

- 7&8** Step Back L, R Beside L, Step Forward L

SHUFFLE, STEP TURN $\frac{1}{2}$ RIGHT, SHUFFLE, STEP TURN $\frac{1}{2}$ LEFT

- 1&2** Step Forward R, Step L To R, Step Forward R
- 3-4** Step Forward L, $\frac{1}{2}$ Turn R (Weight On R)
- 5&6** Step Forward L, Step R To L, Step Forward L
- 7-8** Step Forward R, $\frac{1}{2}$ Turn L (Weight On L)

Restart

Once you know the dance you can just enjoy the music!!!!