

# DANCIN LONELY & BLUE

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Henry Damen

**Music:** Lonely & Blue by Ronnie Beard

## LEFT SAILOR STEP, RIGHT SAILOR STEP, STEP, CROSS BEHIND, UNWIND $\frac{1}{2}$ TURN, STEP FORWARD

- 1 Cross left behind left
- & Step right side right
- 2 Step left side left
- 3 Cross right behind left
- & Step left side left
- 4 Step right side right
- 5 Step left side left
- 6 Cross right behind left
- 7 Unwind ( $\frac{1}{2}$  turn right)
- 8 Step left forward

## SPIN TURN, ROCK, STEP COASTER STEP, REVERSE COASTER STEP

- 9 Step forward right & make  $\frac{1}{2}$  turn on ball of left foot
- 10 Step forward left & make  $\frac{1}{2}$  turn on ball of right foot
- 11 Rock forward right
- 12 Step left in place
- 13 Step back right
- & Step left next to right
- 14 Step forward right
- 15 Step forward left
- & Step right next to left
- 16 Step back left

## SAILOR SHUFFLES, RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD

- & Step right side right
- 17 Cross left in front of right
- & Step right side right
- 18 Touch left heel diagonally forward
- & Step left side left
- 19 Cross right in front of left
- & Step left side left
- 20 Touch right heel diagonally forward
- 21&22 Right shuffle forward right, left, right
- 23&24 Left shuffle forward left, right, left

**STEP, CLAP,CLAP,STEP,CLAP,CLAP,ROCK STEP,TRIPLE STEP WITH  $\frac{3}{4}$  TURN RIGHT**

- 25 Step forward right
- & Clap hands
- 26 Clap hands
- 27 Step forward left
- & Clap hands
- 28 Clap hands
- 29 Rock forward right
- 30 Step left in place
- 31&32 Triple step with  $\frac{3}{4}$  turn right (right, left, right)

**REPEAT**