

BODY & SOUL (WALTZ)

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Count: 24

Wall: 4

Level: intermediate waltz

Choreographer: Barry Durand

Music: Body And Soul by Anita Baker

STEP TAPS

1-2-3 Step forward left, tap together right, hold

4-5-6 Step back right, tap together left, hold

BOX STEP (HALF), BACK LOCK

1-2-3 Forward left, side right, together left

4-5-6 Back right, back left, lock (cross) right in front of left

TRAVELING PIVOT TURN

1-2-3 Step back left, turn $\frac{1}{2}$ turn right step forward right, continue turning $\frac{1}{2}$ turn right and step back left

4 Continue turning $\frac{1}{2}$ turn right and step forward right,

5-6 Sweep left foot while turning $\frac{1}{2}$ turn right on right foot

CROSS UNWIND TURN, RONDE, CROSS BEHIND $\frac{1}{4}$ TURN

&1-2-3 Step forward left, cross right behind left, unwind to right keeping weight forward on left a full turn and ronde (sweep) right

4-5-6 Cross right behind left, turn $\frac{1}{4}$ turn left and step forward left, step forward right

REPEAT

RESTART

Going into the 7th wall do the first 1-6 and then restart it again. She says "Do You Hear me Baby". What she means is "Can you Restart Baby":)

You could restart later in the song, but it is near the end of the song so just keep dancing right though it. I would suggest a fade about 3:15