

# Day & Night

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Ria Vos

**Music:** "Everyday" - Kendra Lou & The Miracles Single

## Intro: 32 counts

### Walk, Walk, Shuffle Fwd, Rock Fwd, Recover, Shuffle ½ Turn L

- 1-2      Walk Fwd R, Walk Fwd L
- 3&4      Shuffle Fwd Stepping R,L,R
- 5-6      Rock L Fwd, Recover on R
- 5&6      Shuffle ½ Turn Left Stepping L,R,L (6:00)

### Walk, Walk, Shuffle Fwd, Rock Fwd, Recover, ¼ Turn L Chasse

- 1-2      Walk Fwd R, Walk Fwd L
- 3&4      Shuffle Fwd Stepping R,L,R
- 5-6      Rock L Fwd, Recover on R

### 7&8 ¼ Turn Left Step L to Left Side, Step R Next to L, Step L to Left Side (3:00)

### Cross, Point, Kick & Point, Jazz Box Cross ¼ Turn R

- 1-2      Cross R Over L, Point L to Left Side
- 3&4      Kick L Fwd, Step L next to R, Point R to Right Side
- 5-6      Cross R Over L, ¼ Turn R Step Back on L (6:00)
- 7-8      Step R to Right Side, Cross L Over R

### Chasse R, Rock Back, Recover, ¼ Turn R Chasse L, Rock Back, Recover

- 1&2      Step R to Right Side, Step L Next to R, Step R to Right Side
- 3-4      Rock back on L, Recover on R
- 5&6 ¼ Turn R Step L to Left Side, Step R Next to L, Step L to Left Side (9:00)
- 7-8      Rock Back on R, Recover on L

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