

Cry Your Heart Out

LINEDANCE.COM

Count: 48 **Wall:** 2 **Level:** Intermediate

Choreographer: Charles and Sandra (U.K) May 2014

Music: Cry Your Heart Out by Olly Murs. Album: Right Place Right Time

Intro: 16 counts

(Section 1) ¼ hold, Step ½, Step, Hold, Ball step, step

- 1 2 Make ¼ turn Right stepping fwd on Right, Hold 3:00
- 3 4 Step fwd on left, pivot ½ turn Right 9:00
- 5 6 Step fwd on Left, Hold
- &7 8 Close Right beside left, Step fwd Left, Step Fwd Right

(Section 2) Kick ball slide, ¼ toe turn, touch, sweep, hook, slide, ½ turn

- 1&2 Kick Left Fwd, touch Left beside Right, slide Right toe back
- 3 4 Make ¼ turn Right transferring weight onto right, touch Left toe fwd 12:00
- 5&6 Sweep Left from front to back, Hook left behind Right knee, Slide Left down to floor
- 7&8 Hold, Unwind ½ turn Left bouncing heels twice (weight on left) 6:00

(Section 3) Step 1/8, step 3/8, side, hold, together, rock recover

- 1 2 Make 1/8 turn left stepping Right to diagonal as you roll hips, step Left together 4:30
- 3 4 Make 3/8 turn left stepping Right to diagonal as you roll hips, step left together 12:00
- 5 6 Step Right to Right side, Hold

&7 8 close Left beside right, Rock out to right side, recover on left

(Section 4) Cross, unwind, side, dip, recover, behind, ¾ turn, point hitch cross

- 1 2 Cross Right over Left, Unwind full turn left
- 3&4 Step Right to right side, Dip down bending knees, straighten up, (Weight on Left)
- 5&6 Cross right behind left, Unwind ¾ Right bouncing heels twice 9:00
- 7&8 Point Left to Left side, Hitch Left, Cross Left over Right

(Section 5) Shuffle, step ½, full triple turn, step shuffle

- 1&2 Step fwd Right into diagonal, Close left to Right, Step fwd Right 11:30

3 4 Step fwd left, pivot $\frac{1}{2}$ Right 4:30

5&6 $\frac{1}{2}$ turn Right stepping back on Left, $\frac{1}{2}$ to Right stepping fwd on Right, Step fwd on Left 4:30

7 Step fwd Right

8&1 Make $\frac{1}{4}$ turn left stepping fwd on Left, close Right to Left, make $\frac{1}{4}$ turn Left stepping fwd 11:30

(Section 6) Cross, $\frac{1}{4}$, Cross back, coaster step, step

2 3 Cross right over left straightening up to side wall, make $\frac{1}{4}$ turn left stepping fwd on left 6:00

4 5 Cross right over left, step back on Left

6&7 Step Right Foot Back, Step Left Together, Step Right Fwd

8 Step fwd Left

Tag: danced at the end of wall 3

1 2step $\frac{1}{2}$ pivot Left

Bridge: On wall 5 dance the first 16 counts then add the following 4 counts:-

(jazz box) and continue on from section3

1 2 Cross Right over Left, Step Back on Left

3 4 Step Right to right side, Step fwd Left

Contact - E-mail: mercuryldance@gmail.com