

Cada Noche

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: William Sevone . (Aug 2011)

Music: "Cada Noche" by Sparx ("No Hay Otro Amor") 164 bpm

Choreographers note:- The tempo is fast - use small steps, this also allows for individual Latin styling.

My thanks go to Rosalind Yeo for making me aware of this lively piece of rhythmic Mambo music.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts with the main vocals.

Fwd. Lock. Fwd. Hold. Press Fwd. Recover. Recover. Hold (12:00)

- 1 - 2 Step forward onto left. Lock right behind left.
- 3 - 4 Step forward onto left. Hold
- 5 - 6 Press right forward. Recover onto left.
- 7 - 8 Recover onto right. Hold.

Press Fwd. Recover. Bwd. Hold. Press Bwd. Recover. Together. Hold (12:00)

9 - 10(raising both hands with a 'pushing' motion) - Press left forward. Recover onto right.

11 - 12(dropping hands to sides) - Step backward onto ball of left. Hold.

13 - 14(drop L heel & raise both hands with a 'pushing' motion) Press right backward. Recover onto left.

15 - 16 Step right next to left. Hold.

Styling option: 9-10 'push' right hand fwd -'pull' left hand bwd . 13-14 'push' left hand fwd -'pull' right hand bwd

1/4 Monterey. Side Touch. Hold. Together. Side Touch. 1/2 Monterey. Hold (3:00)

- 17 - 18 Touch left to left side. Turn $\frac{1}{4}$ left & step left next to right (9).
- 19 - 20 Touch right to right side. Hold.

21 - 22 Step right next to left. Touch left to left side.

23 - 24 Turn $\frac{1}{2}$ left & step left next to right (3). Hold.

Press Fwd. 1/4 Side. Touch Together. Hold. Side. Recover. 1/4 Fwd. Hold (9:00)

25 - 26 Press right forward. Turn $\frac{1}{4}$ left & step left to left (12)

27 - 28 Touch right next to left. Hold.

29 - 30 Press right to right side. Recover onto left.

31 - 32 Turn $\frac{1}{4}$ left & step forward onto right (9). Hold.

Dance Finish: Count 32, Wall 12 - facing 'Home'