

A Waltz For All Seasons

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Count: 24 **Wall:** 4 **Level:** Ultra Beginner - waltz

Choreographer: Linda Nyholm (Canada) Sept, 2012

Music: My Heart is a Diamond - Claire Lynch

This waltz is for all the ladies at Seasons Retirement Home—what a great group!!

[1-6] Left twinkle, right weave

1-2-3 Cross left over right, step right behind, , step left beside right

4-5-6 Cross right over left, step left to side, cross right behind left

[7-12] Waltz forward, ¼ left, waltz back

7-8-9 Step left forward ¼ to left, step right beside, left beside right

10-11-12 Step right back, step left beside right, right beside left

[13-18] Left twinkle ¼ left, right weave

13-14-15 Cross left over right, step right behind, turning ¼ left, step left beside right

16-17-18 Cross right over left, step left to side, cross right behind left

[19-24] Waltz forward, waltz back ¼ left with hold

19-20-21 Step left forward, right beside left, left beside right

22-23-24 Step right back, turning ¼ to left point left to side, hold

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