

OVER AND OVER

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Count: 64

Wall: 2

Level: intermediate

Choreographer: Jan Wyllie

Music: Mi Vida Loca by The Dean Brothers

1-2-3-4 Toe strut forward right, left

5-6-7-8 Rock/step to right on right, rock/return weight to left, step forward on right, hold

9-10-11-12 Toe strut forward left, right

13-14-15-16 Rock/step to left on left, rock/return weight to right, step forward on left, hold

17-18-19-20 Rock/step forward on right, rock back on left, step back on right, kick left forward

21-22-23-24 Step back on left, lock/step right across left, step back on left, kick right forward

25-26-27-28 Step back on right, lock/step left across right, step back on right, kick left forward

29-30-31-32 Rock/step back on left, rock forward on right, step forward on left, scuff right forward

33-34-35-36 Rock/step forward on right, rock back on left, step back on right, hold

37-38-39-40 Rock/step back on left, rock forward on right, step forward on left, hold

The following 8 counts are 'chicken steps'

41-42 Step forward on right with toes pointed out, hold

43-44 Swiveling right heel out step forward on left with toes pointed out, hold

45-46 Swiveling left heel out step forward on right, swiveling right heel out step forward on left

47-48 Swiveling left heel out step forward on right, swiveling right heel out step forward on left

49-50 Sweep right around to front keeping weight on left, hold (Charleston)

51-52 Sweep right back and take weight, hold

53-54 Sweep left back and take weight, touch right beside left

55-56 Touch right toe to right, hold

57-58-59-60 Step right behind left, step left to left, step right across left, hold

61-62 Making $\frac{3}{4}$ left rock/step forward on left, rock back on right

63-64 Making $\frac{3}{4}$ left step left to left side, touch right beside left

REPEAT

RESTART

Restart at walls 2 and 6 after count 32. You will be facing the front after scuffing right forward at count 32. Start the dance again with a right toe strut.